

# Dr Lal Landham

## CV

### PRINCIPAL PROFESSIONAL SPECIALISMS

FRCS, FRCP

**Consultant in Rehabilitation Medicine**

### QUALIFICATIONS & ACCREDITATION

MB BS (Ceylon), 1974

LRCP (Edin) LRCS (Edin) LRCP & S (Glasgow), 1980

FRCS (Edin), 1981

EUR DIP PHYS MED & REHAB, 1994

European Board of Physical Medicine and  
Rehabilitation

FRCP UK, 1998

Harvard Fellow, 1984

Massachusetts General Hospital, Cambridge,  
USA

Specialist Medical Training in Rehabilitation  
Medicine, 1985

Joint Committee on Higher Medical Training,  
Royal College of Physicians, UK

Certificate of Teaching, South Thames Dept of  
Postgraduate Medical Education, University of  
London, 2000

### PAST & PRESENT POSITIONS

**Consultant in Rehabilitation Medicine**, Kent & Medway NHS  
& Social Care Partnership Trust, Disablement Services Centre (DSC),  
Medway Maritime Hospital, Kent 1991 - present

**Lead Clinician, Prosthetic and Neuro Rehabilitation  
services**, Kent & Medway NHS & Social Care Partnership Trust,  
Disablement Services Centre (DSC), Medway Maritime Hospital,  
Kent - 1993 to present

#### **Visiting Consultant to private healthcare providers:**

Raphael Hospital, Kent

Four Seasons Healthcare, Hothfield Manor, Kent

Kent Institute of Medicine and Surgery (KIMS), Kent

### MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

- GMC Registration No: 2560078
- Royal College of Surgeons (Edin)
- Royal College of Physicians (UK)
- British Medical Association
- Member, British Society of Rehabilitation Medicine (Former  
Regional Co-ordinator, 1992 – 2016)
- Member, Veteran Prosthetic Panel, NHS England
- Member, ISPO Executive Committee
- Member, Specialist Training Committee, Rehabilitation  
Medicine, London Deanery (Former Chair 2011 – 2013)
- Former Member, Rehabilitation and Disability, Clinical  
Reference Group, NHS England
- Former Chair, International Society of Prosthetics and Orthotics  
(ISPO), UK (2013 – 2016)
- Former Regional Representative, Rehabilitation Medicine,  
Royal College of Physicians, UK (1992 – 2016)

### SPECIAL INTERESTS

Rehabilitation of Amputees and Neuro-rehabilitation of patients  
with brain injury and spinal injury

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## EXPERT WITNESS EXPERIENCE & TRAINING

- Amputee Rehabilitation and Neuro Rehabilitation.
- Assist as Expert Witness for prosecution and defence.
- Approximately 13 medico legal reports per year.

## TEACHING AND TRAINING

Management of Spasticity – State of the Art. Conference Centre, The Hilton, Dartford Bridge, 2000

Recent Advances in the management of spasticity (presented jointly with my Senior Registrar). Post Graduate Medical Centre, Medway Maritime Hospital, 2000

Amputee Rehabilitation – Current Trends. Queens Centre for Clinical Studies, Queen Elizabeth, the Queen Mother Hospital, Ramsgate, 2000

Botulinum Toxin - Past, Present and Future. Medway Post Graduate Centre, Medway Maritime Hospital, 2001

Recent Advances in Amputee Rehabilitation. Post Graduate Centre, Pembury Hospital, 2001

The Management of Spasticity following a Cerebral Vascular Accident. Department of Geriatric Medicine, Kent & Canterbury Hospital, 2002

Without a Leg to Stand On. Post Graduate Centre, Medway Maritime Hospital, 2009

An Orthopaedic Surgeons guide to Prosthetics. Medway Maritime Hospital 2012 and 2013 (Lecture - South East Thames Orthopaedic Training Programme)

Botulinum Toxin treatment for spasticity using ultrasound technique. Queen Mary's Hospital, Roehampton Training Course, 2010

## PUBLICATIONS AND PRESENTATIONS LIST

Lalandham T, Lawrence WN. Entrapment of the ulnar nerve in the callus of a supracondylar fracture of the humerus. *Injury* 1984; 16(2): 129-130

Spencer JD, Lalandham T. The mortality of patients with minor fractures of the pelvis. *Injury* 1985; 16(5): 321-3

Erlich MG, Zaleske DJ, Lalandham T, Mankin HJ. Biology of growth plate transfers. In: *Behaviour of the Growth Plate*. Hans K Uthoff and James J Whiley (Eds). Raven Press New York, pp61-64, 1988

Lalandham T, Erlich MG, Zaleske DJ, et al. Viability and metabolism of cartilage transplanted to physeal regions. *J Pediatr Orthop* 1990; 10(4): 450-458

Sooriakumaran S, Lalandham T. The Klippel-Trenaunay syndrome. *J Bone Joint Surg Br* 1991; 73(1): 169-70

Landham TL, Datta D, Nirula HC. Amputation for gangrene of the limbs following severe meningococcal infection. *J R Coll Surg Edinb* 1991; 36(1): 11-2

Lalandham T, Sooriakumaran S. Spina bifida: does amputation improve mobility? 7th World Congress of the International Society of Prosthetics & Orthotics Chicago, USA, 1992

Landham TL. Patient satisfaction survey - how valuable is feedback? 8th World Congress of the International Society of Prosthetics & Orthotics, Melbourne, Australia, 1995

Landham TL. A new early walking aid - an additional tool to predict the functional outcome in lower limb amputees. 8th World Congress of the International Rehabilitation Medicine Association, Kyoto, Japan, 1997

Landham TL. The outcome of severe head injury in relation to education, employment and family relationships. 8th World Congress of the International Rehabilitation Medicine Association, Kyoto, Japan, 1997

Marzoug EA, Landham TL, Dance C. Better practical evaluation of lower limb amputees. *British Society of Rehabilitation Medicine (BSRM) Spring meeting* 4-5 June 2001

Deshpande P, Landham TL. Total knee prosthesis in active amputees. *BSRM Autumn Scientific Meeting* 26-27 November 2001

Deshpande P, Landham TL, Chandrakumar M. Congenital limb deficiency in Kent, UK, in the decade 1990-1999. Presented at the 13th European Congress of Physical and Rehabilitation Medicine, May 2002

Landham TL, Sanderson E. Use of topiramate for phantom pain. Presented at the 63rd Annual Assembly of the American Academy of Physical Medicine and Rehabilitation November 2002. *Arch Phys Med Rehabil* 2002; 80:1668

Marzoug EA, Landham TL, Dance C, Bamji AN. Better practical evaluation for lower limb amputees, April 2003. *Amputee and Prosthetic Rehabilitation – Standards and Guidelines*. Published by British Society of Rehabilitation Medicine October 2003

Deshpande P, Landham TL. Traumatic brain injury: bringing rehabilitation to the ICU. *Clinical Intensive Care* 2003; 14(3-4): 69-71

Landham TL. Pregabalin in the treatment of visual hallucinations in Charles Bonnet syndrome. *Advances in Clinical Neuroscience & Rehabilitation* June 2007 (case report).

Landham TL. Future of rehabilitation services – a consultant's view. Presented at the Royal College of Physicians, Spring BSRM Scientific meeting, 22nd May 2007

Mehta C, Landham T. User satisfaction surveys in a prosthetic and orthotics out-patient setting. *International Society of Prosthetics and Orthotics*, 4 November 2010. Awarded BLESMA (British Limbless Ex-Service Men's Association) prize

Ward A, Landham T, et al. The BOTOX Economic Spasticity Trial: Comparisons with Post-Stroke Spasticity Patients in Published Literature 13/09/2011 - EFNS 2011 European Federation of Neurological Societies, Budapest 13/9/2011