

# Dr VN Srinivas Lanka

## CV

### PRINCIPAL PROFESSIONAL SPECIALISMS

MBBS MRCPsych PGDip

**Consultant Neuropsychiatrist**

### QUALIFICATIONS & ACCREDITATION

P.G.Diploma (clinical Neuropsychiatry), University of Birmingham 2019

CCT (Adult Psychiatry), The Royal College of Psychiatrists, 2014

MRCPsych, The Royal College of Psychiatrists, 2010

MBBS, University of Health Sciences, India, 2000

### MEMBERSHIP OF PROFESSIONAL BODIES

- GMC registration number 6041161
- Royal College of Psychiatrists 812433

### PRESENT & PAST POSITIONS

**Private Consultant Neuropsychiatrist**, 55 Harley Street, London - June 2020 - present

**Regional Medical Director (Midlands)**, Cygnet Healthcare, 2018 – 2020

**Chair of Neuropsychiatry steering group**, Cygnet Health Care, 2018 – 2020

**Group R&D Lead**, CAS Behavioural Health/Cygnet Health Care, 2016 –2018

**Consultant Neuropsychiatrist**, CAS Behavioural Health/ Cygnet Healthcare, 2015 –2018

**Locum Consultant Psychiatrist**, Herschel Prins Centre, Glenfield Hospital, Leicester, 2015 – 2015

**Locum Consultant Psychiatrist**, Whitchurch Hospital, 2014 –2015

**Higher Training Scheme** in General Adult Psychiatry, Wales Deanery, 2011 - 2014

**SAS Grade Psychiatrist**, Birmingham and Dudley Mental Health Trusts, 2008 –2011

**Ad-Hoc Locum Psychiatrist**, Birmingham and Dudley Mental Health Trusts, 2006 – August 2008

**Core Psychiatry training**, West Midlands deanery approved Scheme, 2003 –2006

**Locum Psychiatrist**, 2002 –2003

**Senior House officer (Equivalent)**, University Psychiatry Hospital, Hyderabad, India, 2001 –2002

**Pre-registration House Officer**, University Hospital, Hyderabad, India, 2000 –2001

### MEDICO-LEGAL EXPERIENCE & TRAINING

- Approved clinician refresher course for England and Wales – 2019
- RCA training course – October 2019
- HCR-20 version 3 training to assess risk for violence – August 2019
- Bond Solon course in excellence in report writing – July 2018

I have been involved in medico-legal practice since 2014. I have compiled around 200 reports to date, with an average of 40 reports per year.

Claimant / Defendant / Joint ratio is approximately 40 / 30 / 30. I provide expert witness psychiatric reports on range of civil/ family law proceedings, court of protection and medical-negligence.

I have medical management and service lead position which helps me understand the complex commissioning structures and varied funding streams. This knowledge helps me identify the best clinical care and service available to address individuals' needs. I have a keen research interest and I keep myself updated about novel treatments and advances in the management of complex psychiatric conditions.

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## SPECIAL INTERESTS

- Human factors in health care
- Executive dysfunction and criminality
- Medical law and ethics
- Management of physical illness in long term mental health conditions
- Mental health manifestations of complex epilepsy

## CAREER STATEMENT

In my current role, I undertake face to face and remote out-patient assessments of individuals who seek advice regarding their clinical management. I provide consultations for a wide-ranging general psychiatric, neuro-developmental, neuropsychiatric, neurodegenerative mental health conditions and offer follow up treatment. I collaborate closely with medical and non-medical specialists, offering holistic multi-disciplinary management strategies as a part of concierge services.

My experience in training and non-training posts allowed me to gain extensive understanding of various psychiatric sub-specialties. I received consistently high standard of feedback throughout my career. I worked across urban, suburban and rural areas with wide variety of demographic and ethnic groups. During me higher specialist training, I developed advance competencies in Forensic psychiatry, liaison psychiatry, neuropsychiatry, academia, management, medical education, clinical governance and service development.

I am passionate about my responsibility towards the patient in integrating the best possible evidence with existing resources in formulating an individualised care and treatment plan aimed at recovery and improving quality of life.

I'm proud of my role as a medical manager adding strength to the multi-faceted approach of the team by providing leadership, coordinating the management of complex cases and providing supervision when required. My management experience allowed me to be mindful of health economics and public health policy thereby improving my practice where possible.

I aim to make the best use of my competencies and expertise in my role as a consultant psychiatrist. I hope to maintain the focus on improving clinical experience for the individuals under my care and contributing to holistic effective clinical outcomes.

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## ACADEMIC EXPERIENCE

### ORAL PRESENTATIONS

- Outcome measurement in mental health rehabilitation – 16 October 2019 Mental health rehabilitation conference, Leeds, UK
- Holistic outcome measurement in neuropsychiatry – 26 March 2019 – Neuro convention, NEC Birmingham, UK
- Neurobehavioural disability and rehabilitation – how to identify the right service? 16 October 2018, Acquired Brain Injury conference, Bristol, UK
- Mental Health rehabilitation in the community: Unmet needs, successes and challenges, 10 May 2018, Sharing best Practice – an NHS Wales conference, Cardiff, UK

### PUBLICATIONS

- Hitt D, Lanka SVN, Davies L, Tahir. Economic assessment of a workplace cognitive behaviour therapy service. *Mental Health Practice* 2016;19(6)
- Raveesh BN, Lepping P, Lanka SVN, et al. Patient and visitor violence against staff in medical and psychiatric wards in India. *Asian Journal of Psychiatry* October 2014; doi:10.1016/j.ajp.2014.10.003
- Lepping P, Schönfeldt-Lecuona C, Sambhi RS, et al. A systematic review and meta-analysis of the clinical relevance of repetitive transcranial magnetic stimulation. *Acta Psychiatrica Scandinavica* 2014; 1–16, doi: 10.1111/acps.12276
- Lepping P, Lanka SVN, Turner J, et al. Percentage prevalence of patient and visitor violence against staff in high-risk UK medical wards. *Clinical Medicine* 2013;13(6):1–5

### POSTERS

- Lanka SVN et al. Outcomes at Cygnet Meadows Mews: A unique community transitional rehabilitation service. RCPsych International Congress, 2 July 2019, Edinburgh, UK
- Lanka SVN et al. GAP-Np, a holistic outcome measurement tool in Neuropsychiatric inpatient treatment. RCPsych International Congress, 2 July 2019, Edinburgh, UK
- Lanka SVN et al. Prevalence and contributory role of pre-existing mental illness in drug and alcohol related acquired brain injury. RCPsych International Congress, 27 – 30 June 2016, London, UK
- Lanka SVN, Hitt D, Davies L, Tahir T. Mental health, occupational health and return to work outcomes of Cognitive Behavioural Therapy in Occupational Mental Health Liaison Service. RCPsych International Congress, 2 – 5 July 2013, Edinburgh, UK
- Lanka S, Lepping P. Prevalence of patient and visitor violence against staff on high-risk medical wards. 21st European Congress of Psychiatry, 6 – 9 April, 2013, Nice, France