

Dr Abhijit Mate

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

M.D., FRCP London, MBA

Consultant in Rehabilitation Medicine

EDUCATION

MBBS (University of Bombay, India) June 1990

M.D. General Medicine (University of Bombay, India)

July 1993

MRCP (UK) October 1999

Diploma in Geriatric Medicine 2000

Certificate of Completion of Specialist Training
(CCST),

Rehabilitation Medicine, August 2004

Master of Business Administration, Open University,
U.K. 2006

Fellow of the Royal College of Physicians London
2008

QUALIFICATIONS & ACCREDITATION

- FRCP 2015
- CCST Rehabilitation Medicine (London) 2004
- Certificate of Medical Education (Newcastle) 2002
- MRCP Part II (Edinburgh) 1995
- MRCP Part I (Edinburgh) 1993
- MB BS (Newcastle) 1990
- Ph.D Biochemistry (UMIST) 1988
- BSc Biochemistry (2:1) (Bath) 1981

PRESENT POSITIONS

Consultant in Rehabilitation Medicine and Stroke

Royal Cornwall Hospital, Truro. Appointed in October 2004 to present.

I have been the only Consultant in Neuro-rehabilitation for the entire county of Cornwall, for last 12 years. I lead a multi-disciplinary team managing patients who have had a recent onset of neurological illness or injury based at the Neurological Rehabilitation Unit in St Michael's Hospital, Hayle, Cornwall. Conditions managed on unit include traumatic brain injury, subarachnoid haemorrhage, spinal cord injuries, hypoxic brain injury and cerebral infections such as meningitis and encephalitis and following neurosurgeries. The unit also manage with other neurological conditions such as Guillain Barre Syndrome and Multiple Sclerosis.

I treat and manage patients in hyperacute and acute phase following stroke and provide treatments including thrombolysis and thrombectomy. I run a TIA clinic. I work with the multi-disciplinary team providing stroke rehabilitation and also support early supported discharge team and Community stroke nurse service.

I am an Honorary Lecturer at the University of Exeter Medical School.

MEDICO-LEGAL EXPERIENCE & TRAINING

- Medico-Legal Expert Witness Course - Specialist Info 04 September 2014
- Medico-Legal Expert Witness Course - Specialist Info 08 June 2017
- Medico-legal training by NRC Medical Experts – 12 December 2017

I have been undertaking medico-legal work since 2008, mainly for personal injury. I am happy to receive instructions from Solicitors representing the Claimant, Defendant or as a Single Joint Expert. I have also prepared reports for the Criminal court.

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MEMBERSHIP OF PROFESSIONAL BODIES

- GMC registration number 4657839 (on Specialist Register)
- British Medical Association
- Royal College of Physicians London
- British Society of Rehabilitation Medicine
- British Association of Stroke Physicians
- Society for Research in Rehabilitation
- Medical Protection Society

RESEARCH & PUBLICATIONS

Clinical and Investigational Profile of Patients with Pancytopenia. (March 1993): dissertation submitted in partial fulfilment of the requirements of obtaining an M. D. in General Medicine (University of Bombay, India).

Poster presentation 'Audit of the use of Botulinum toxin Type A in the management of spasticity' : BSRM Annual Summer Meeting : St Johns College, Cambridge 10.7.2003 – 11.7.2003

Poster presentation ' Phoenix Rising: The National Sentinel Stroke Audit in Cornwall' Dr. T. Dougherty, Dr. K. Adie, Dr. A. Mate : Joining Forces : 'Networking together for the future of stroke care' – Peninsula Heart and Stroke Network, Sandy Park Conference Centre, Exeter 06.05.2009

Management of spasticity: Presented at the 'Celebrating Stroke Management in Cornwall Conference, Cornwall 01.09.2010

AREAS OF EXPERTISE

- Treatment of ischaemic and haemorrhagic stroke in hyperacute and acute setting
- Management of complications following the stroke
- Rehabilitation of patients following ischaemic and haemorrhagic stroke
- Rehabilitation of patients following traumatic brain injury/ brain haemorrhage/ hypoxic brain injury & sub-arachnoid haemorrhage
- Rehabilitation of patients with multiple sclerosis/ brain inflammation
- Rehabilitation following spinal cord injury/ paraplegia/ tetraplegia/spinal infarction/ spinal tumours
- Management of cerebral palsy/ birth anoxia in adulthood
- Rehabilitation needs assessment following acquired brain injury
- Rehabilitation following cerebral infections e.g.meningitis/ encephalitis
- Management and prevention of spasticity and contractures
- Management of complex neurological disability & general disability