

# Dr Fahim Anwar

## CV

### PRINCIPAL PROFESSIONAL SPECIALISMS

MRCSEd, MRCPS, DOM, FRCP, FEBPRM

**Consultant in Rehabilitation Medicine**

### QUALIFICATIONS & ACCREDITATION

- MBBS, MRCSEd, FRCP (Glasg), FEBPRM
- MRCS, Royal College of Surgeons  
Edinburgh 2005
- MRCPS, Royal College of Physicians and  
Surgeons of Glasgow 2007
- Post Graduate Certificate in Brain Injury  
Rehabilitation, Queen Margaret  
University Edinburgh 2010
- Fellowship European Board of Physical  
and Rehabilitation Medicine 2011
- Diploma in Orthopaedic Medicine 2012
- FRCP, Royal College of Physicians and  
Surgeons of Glasgow 2013

### PAST & PRESENT POSITIONS

#### **Consultant in Rehabilitation Medicine (Clinical Lead for Trauma Rehabilitation)**

Cambridge University Hospitals NHS Foundation Trust,  
Addenbrooke's Hospital Cambridge, CB2 0QQ, November 2012

#### **Visiting Consultant in Rehabilitation Medicine**

Blackheath Brain Injury Rehabilitation Service, 80-92  
Blackheath Hill, Blackheath, London, SE10 8AB, February 2013

#### **Locum Consultant in Pain Management**

Greater Glasgow and Clyde Pain Service, August to December  
2012

#### **Post CCT Fellow in Chronic Pain Management**

Greater Glasgow and Clyde Pain Services, August to 2011  
August 2012

### MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

General Medical Council #6030940

### EXPERT WITNESS EXPERIENCE & TRAINING

#### **SPECIALISMS**

- Brain injuries
- Multiple trauma
- Musculoskeletal injuries
- Spinal cord injuries
- Progressive neurological conditions
- Chronic pain

#### **ACCREDITATION**

- Slater and Gordon Medico-legal Training, 2013
- Medico-legal Expert Witness Course, 2014

# Dr Fahim Anwar

## PEER REVIEWED CASE REPORTS

1. Antiga S, Adajay KA, Anwar F, Vergara P. Against the odds: extraordinary recovery from complete cauda equina syndrome following L3 fracture. Time still matters. *Spinal Cord Series and Cases* 2016; doi:10.1038/scsandc.2016.27.
2. Service E, Anwar F. Nutritional management in critically ill trauma patients is challenging. *Trauma* 2015; 18(3): 231-236.
3. Anwar F, Al-Khayer A. Bone marrow oedema – an unusual cause of ankle pain. *Journal of Musculoskeletal Pain* 2014, online 1-3. DOI: 10.3109/10582452.2014.883018.
4. Anwar F, McLaughlin D, Panesar BP. Bilateral brachial plexus injury. *J Coll Physicians Surg Pak* 2012; 22(3): 176-178.
5. Anwar F, Al Khayer A, Weir AM. Paraplegia in a patient on warfarin treatment. *J Pak Med Assoc* 2010; 65(5): 391-393.
6. Anwar A, Al-Khayer A, Fraser M, Allan DB. Concomitant cervical and thoracic spinal fractures in ankylosing spondylitis: A case report and review of literature. *Injury Extra* 2009; 40(11): 242-245.
7. Shoaib RF, Anwar F, Nyawo B, Sarkar P. Bilateral tension pneumothoraces following coronary artery bypass grafting. *J Coll Physicians Surg Pak* 2009; 19(7): 444-6.
8. Inaparthi PK, Anwar F, Botchu R, et al. Compression of the deep branch of the ulnar nerve in Guyon's canal by a ganglion: two cases. *Arch Orthop Trauma Surg* 2008; 128: 641-3.
9. Shoaib RF, Anwar F, Barron D. Foreign body in urinary bladder - early CT cystogram is investigation of choice. *J Pak Med Assoc* 2008; 58(5): 277-8.
10. Havlas V, Gaheer RS, Trc T, Anwar F. Simultaneous bilateral avulsion fracture of the anterior superior iliac spine in a young athlete. *Injury Extra* 2007; 38(10): 352-355

## PEER REVIEWED ORIGINAL ARTICLES

1. Morgante F, Bavikatte G, Anwar F, Mohamed B. The burden of sialorrhoea in chronic neurological conditions: current treatment options and the role of incobotulinumtoxin A. *Ther A Neurol Disord* 2019; 12:1-21.
2. Anwar F, Antiga S, Mee H, Alkhayer A. Management of Spasticity with Intrathecal Phenol Injections: The Past and the Present. *J Int Soc Phys Rehabil Med*.  
[https://doi.org/10.4103/jisprm.jisprm\\_49\\_19](https://doi.org/10.4103/jisprm.jisprm_49_19).

1. Bjornson A, Tajsic T, Koliass AG et al. A case series of early and late cranioplasty-comparison of surgical outcomes. *Acta Neurochir* 2019.  
<https://doi.org/10.1007/s00701-019-03820-9>.
2. Anwar F, Mee H, Ramanathan S. Phenol Nerve Block for Ankle Plantar Flexor and Invertor Spasticity in Upper Motor Neuron Lesions: A Case Series. *J Int Soc Phys Rehabil Med* 2018;1: 55-60.
3. Mee H, Koliass AG, Chari A et al. Pharmacological Management of Post-Traumatic Seizures in adults: current practice patterns in the UK and the Republic of Ireland. *Acta Neurochir* (2018), <https://doi.org/10.1007/s00701-018-3683-9>.
4. Anastasia T, Guilfoyle M, Timofeev I, Anwar F et. al. Spectrum of outcomes following traumatic brain injury—relationship between functional impairment and health-related quality of life. *Acta Neurochir* 2018;160(1):107-115.
5. Anwar F, Ramanathan S. Combined Botulinum Toxin Injections and Phenol Nerve/ Motor Point Blocks to Manage Multifocal Spasticity in Adults. *BJMP* 2017;10(1): a1002.
6. Anwar F, Ramanathan S, AlKhayer A. Complications of Peripheral Phenol and Motor Point Blocks in the Management of Spasticity. *IJTRR* 2017; 6(2):111-115.
7. Anwar F, Al-Khayer A. Perception of Prosthetic Limb among Lower Limb Amputees. *IJTRR* 2016; 5(4): 175-179.
8. Anwar F, Al-Khayer A. Rehabilitation Medicine Assessment of Nursing Home Residents. *IJTRR* 2016; 5(4): 70-76.
9. Anwar F, Adajay KA, Al Khayer A. Long-term outcomes in patients with Guillain-Barré Syndrome following inpatient rehabilitation. *IJTRR* 2015; 4(4): 86-94.
10. Al Khayer A, Anwar F, Weir AM. Do Patients with Cancer Benefit From Rehabilitation Medicine Services? *International Journal of Therapies and Rehabilitation Research* 2015; 4(4): 73-76.
11. Anwar F, Al Khayer A. Venous Thrombo-embolism Prophylaxis: Survey of the Rehabilitation Medicine Departments in the United Kingdom. *Indian Journal of Physical Medicine and Rehabilitation* 2014;25(3): 66-71.
12. Anwar F. Phantom Limb Pain: Review of Literature. *Khyber Med Univ J* 2013; 5(4): 207-212.
13. Anwar F, Fahim S. Fibromyalgia: A Complex Pain Problem. *Khyber Med Univ J* 2013; 5(1): 40-44.
14. AnWar F, Shah K, McLean I. Volume-outcome relationship in revision hip replacement – Results from a low volume hospital. *Journal of Orthopaedics* 2013; <http://dx.doi.org/10.1016/j.jor.2013.06.002>.
15. Anwar F, Al-Khayer A, El-Mahrouki H, Purcell M. Gastrointestinal bleeding in spinal injuries patient: Is prophylaxis essential? *BJMP* 2013; 6(1):a607.
16. Anwar F. Multiple trauma associated with spinal injury. *RMJ* 2011; 36(1): 18-21.
17. Anwar F, Al-Khayer A, Joseph G, et al. Delayed presentation and diagnosis of cervical spine injuries in long-standing ankylosing spondylitis. *Eur Spine J* 2011; 20: 403-7 .
18. Anwar F. Morton's neuroma - outcome of surgical excision. *J Orthopaedics* 2010; 7(3): e8.
19. Anwar F, Shoaib RF. Critical incident identification in common orthopaedic Injury. *J Pak Med Assoc* 2009; 59(2): 71-4.
20. Anwar F, Panesar BS. How good are we in setting and reviewing patients' rehabilitation goals? In: *Proceedings of the 16th European Congress of Physical and Rehabilitation Medicine (Brugge, Belgium, June 2008)*. Turin: Edizioni Minerva Medica, 2008, 158-159.
21. Anwar F, Gaheer RS, Fopma E. Bilateral hip septic arthritis. *J Orthopaedics* 2007; 4(2): e14.
22. Kotnis R, Pasapula C, Anwar F, et al. The management of failed ankle replacement. *J Bone Joint Surg Br* 2006; 88(8): 1039-47.
23. Chaudhry MR, Atique M, Anwar F, et al. Renal angiomyolipoma. *Pak Armed Forces Med J* 2001; 51(2): 195-196.
24. Chaudary AK, Azam M, Anwar F, Rasikh. Dietary fiber: Its role in causation and prevention of disease. *Pak Armed Forces Med J* 2003; 53(1): 71-3