

Dr Klint Asafu- Adjaye

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

MBBS BSc MRCP (London)

Consultant Rehabilitation Medicine

QUALIFICATIONS & ACCREDITATION

MRCP: Collegiate Member of the Royal
College of Physicians, London, elected on 23
March 2013

MBBS, 2005: University College London,
University of London

BSc, 2003: Anatomy with Basic Medical
Sciences, Intercalated BSc, University College,
London

PAST & PRESENT POSITIONS

Specialty Training in Rehabilitation Medicine

Health Education East of England

Acting Consultant Rehabilitation Medicine

Previous: Specialty Registrar Year 6, Year 5, Year 4

Colman Hospital, Norwich, August 2015 – present

Specialty Registrar Year 4

Addenbrooke's Hospital, Cambridge University Hospitals,
February 2015 – August 2015

Specialty Registrar Year 4

London Spinal Cord Injury Centre. Royal National Orthopaedic Hospital
August 2014 – February 2015

Specialty Registrar Year 3

Addenbrooke's Hospital, Cambridge University Hospitals,
August 2013 – August 2014

Core Medical Trainee Year 2: Haematology, Stroke Medicine & Acute Medicine

Broomfield Hospital, Mid Essex Hospital Services NHS Trust,
December 2012 – August 2013

Core Medical Trainee Year 1: Respiratory Medicine, Geriatric Medicine & Medical Senior, House Officer: Cardiology and Acute Medicine

Princess Alexandra Hospital, Essex, September 2008 - August 2012

Medical Director

Quintiles Consulting Europe, March 2009 – December 2011

Medical Director

Quintiles Medical Education Europe, January 2008 – March 2009

Specialty Trainee Year 1 (LAT): Neurology

Royal Free Hospital NHS Foundation Trust, August 2007 – January 2008

Foundation Year 2 Doctor: Neurosurgery, Accident and Emergency Medicine, General Practice Medicine

Royal Free Hospital NHS Foundation Trust, August 2006 – August 2007

Foundation Year 1 Doctor: Renal Medicine, Gastroenterology and Rheumatology Medicine, Vascular Surgery

Southend University Hospital, August 2005 – August 2006

MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

GMC number: 6129959. Full registration with specialist registration and a
licence to practise

Specialist Register: since 02/08/2017

Dr Klint Asafu- Adjaye

RESEARCH PUBLICATIONS

Antiga S, Asafu-Adjaye K, Anwar F, Vergara P.

“Against the odds: extraordinary recovery from complete cauda equina syndrome following L3 fracture. Time still matters.” Spinal Cord Series and Cases 2, Article number: 16027 (2016).
Second Author.

Anwar F, Asafu-Adjaye K, Al-Khayer A.

“Long-term outcome in patients with Guillain-Barré Syndrome following inpatient rehabilitation.” International Journal of Therapies and Rehabilitation Research 2015; 4(4): 86-94.
Second Author.

Asafu-Adjaye K, Gall A.

“Letter to the Royal College of Physicians regarding the suitability of the National Early Warning Score in the assessment of the unwell Spinal Cord Injury Patient.” Clinical Medicine, 2015 Volume 15, Number 4: 406-407. First Authors.

SPECIALITY EXPERIENCE:

All aspects of neurological rehabilitation medicine including neurorehabilitation (acquired brain injuries), Spinal Injury Medicine, Neurosurgery and Neurology.

At the Colman Centre for Specialist Rehabilitation Level 1 Unit I gained significant experience as both a Specialty Registrar and Acting Consultant in the rehabilitation of patients with acquired brain injuries using the International Classification of Functioning, Disability and Health (ICF) framework. During my Specialty Training I gained excellent exposure to the management of brain injuries and their complications including the investigation and management of normal pressure hydrocephalus, therapeutic and diagnostic lumbar punctures, paroxysmal sympathetic hyperactivity, spasticity and pain management, tracheostomy management, neurogenic bladder and bowel management, and behavioural management.

I have been actively involved in providing an outreach service for patients in neighbouring hospitals and regions as well as providing a community service for neurorehabilitation to provide better outcomes closer to patients' homes.

I developed an interest in spasticity management, providing patient and multi-disciplinary team member training and education, guidance on oral medication, botulinum toxin injections, intrathecal baclofen test doses and pump refills – as well as developing guidance documents for quality improvement and patient safety. My interest extended to post-stroke shoulder pain management including subacromial steroid injections.

During my Specialty Registrar training I gained excellent exposure to managing patients within the Rapid Access Acute Rehabilitation Unit at Addenbrooke's Hospital, as well as providing an in-reach service to the Neuro-Critical Care Unit, Cardiology Unit for the Hypoxic Brain Injury patients, as well as the Stroke and Neurology Departments.

During my career to date, I have developed skills in working within a multi-disciplinary team, supervising Continuing Healthcare Checklists, leading Case Conferences and chairing Best Interests meetings as part of the discharge process for brain and spinal injury patients.

I pursued experience over and above the three months Amputee medicine requirement as Acting Consultant for the inpatient Amputee Rehabilitation Ward at the Colman, as well as providing an outpatient service for Norfolk and Suffolk patients, and attending specialist paediatric amputee clinics at the West Midlands Rehabilitation Centre, Selly Oak, and specialist amputee clinics at the Prosthetic Rehabilitation Unit, Royal National Orthopaedic Hospital.