

Dr. Muhammad Gul

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

M.B.B.S, F.R.C.Psych, CCT-C&A-Psych, Pg-Cert-
ULT, M.Sc. M:A:MEd, F.H.E.A

**Consultant Child & Adolescent
Psychiatrist**

QUALIFICATIONS

- **F.R.C.Psych**, Royal College of Psychiatrists ,
London 2018
- **Master in Medical Education** (MA:M.Ed),
Keele University School of Medicine 2017
- **CCT Child & Adolescent Psychiatry**, London
Deanery, General Medical Council 2012
- **Post Graduate Certificate in University
Learning & Teaching**, Imperial College London
2012
- **Master in Science** (M: Sc. Research in
Psychiatry), University College London, **2012**
- **M.R.C.Psych**, Royal College of Psychiatrists,
London 2007
- **M.B.B.S**, Ayub Medical College Abbottabad, 2000

PRESENT & PAST POSITIONS

**Consultant Child & Adolescent Psychiatrist, St Georges
Hospital, Stafford, Midlands Partnership NHS Foundation Trust**
(2012 – present)

- Responsible for the delivery of high-quality evidence-based care and services within local Child & Adolescent Mental Health Service.
- Management and treatment of young people on the adolescent in-patient unit which include Acute Adolescent In-Patient Unit, Adolescent Psychiatric Intensive Care Unit and Eating Disorder Unit.
- Providing clinical leadership and consultation to members of the multi-disciplinary team in the management of cases with complex clinical, medico-legal, and social needs.

Specialist Registrar [ST6] Adolescent Community Service/Early Intervention Service , West London Mental Health NHS Trust (2011-2012)

Specialist Registrar [ST6] Adolescent Acute In-Patient, Day Service, PICU, East London NHS Foundation Trust (2011)

Specialist Registrar [ST5] Adolescent Forensic Services –In-Patient Unit

Specialist Registrar [ST4/ST5] Neuro-Developmental Service

Specialist Registrar [ST4] Family & Young Person Service

West London Mental Health NHS Trust (2009-2011)

Speciality Doctor, Dewsbury Hospital West Yorkshire Mental Health Trust (2008 - 2009)

Registrar Psychiatrist Acute Mental Health, Nottinghamshire Health Care NHS Trust (2007-2008)

St Mary's General Psychiatry Training Scheme - Resident Psychiatrist, Adult Psychiatry, Old Age Psychiatry, Forensic Psychiatry, Child & Adolescent Psychiatry, Addiction Service, Assertive Outreach Team, London Deanery (2004 - 2007)

CLINICAL EXPERIENCE

An experienced Consultant Child & Adolescent Psychiatrist with expertise in the treatment of children and young people diagnosed with emotional, behavioral, learning ,social and communication difficulties and complex neuro-developmental disorders.

Also active in teaching, training, and conducting research in the UK, and has held different, clinical , academic and leadership roles within the NHS in the past 16 years. Fluent in English, Urdu, Hindi, Pushto (Afghani) and Punjabi.

MEMBERSHIP OF PROFESSIONAL BODIES

- General Medical Council (Specialist Registration CCT-Child & Adolescent Psychiatry) 6026213
- Royal College of Psychiatrists London 813447
- Member Association of Child & Adolescent Mental Health, UK
- Member Executive Committee, Faculty of Child & Adolescent Psychiatry Royal College of Psychiatrists London
- RCPSYCH-West Midland Division Child & Adolescent Psychiatry- Vice Chair
- Accredited Trainer by General Medical Council UK & Royal College of Psychiatrists UK.
- Member Royal College of Psychiatrists Board of Examiner , conducting MRCPsych Exams.
- Ex:Chair National Network of Childhood Onset Neuropsychiatric Conditions and Early Life Brain Injury

AWARDS

- Nominated for the “Chris Holley Award for Innovation” (2016)
- NHS EBA Clinical Excellence Awards (2016) (2019)
- BPPA Young Researcher of the Year Award (2008)

LEADERSHIP EXPERIENCE

- I am Deputy Director Caldicott Guardian. A Caldicott Guardian is a senior person responsible for protecting the confidentiality of people’s health and care information and making sure it is used properly.
- I do act up as Medical Director in the absence of our substantive Medical Director.
- As an Associate Medical Director, I also deputise for Medical Director and assist him in maintaining clinical standards, revalidation, education and training of doctors including senior clinicians meet their CPD/CME requirements, matters related to performance management, patient safety, infection control, research, and clinical trials.
- Plays an integral role on the Medicine Optimisation Committee, had served as Medical lead for patient safety, medical negligence, compliance, and infection control, and currently manages Shropshire, Telford & Wrekin Children Services as a Clinical Lead (Head of the Service).
- Permanently represent Medical Director on Business Development and Investment Committee as well as on Quality Governance Committee, contributes and participates in clinical governance activities and the implementation of initiatives to improve governance standards in accordance with national and local performance management targets.
- Sits on the local recruitment panel for the selection and appointment of multi-disciplinary team including consultants as well as on regional panel for recruitment of resident psychiatrists.
- College Executive Committee member which is responsible for advising the DoH and Government on policy making, medical workforce development, curriculum, training, and mental health law.
- St Mary’s Specialist Registrar Representative for London Deanery: Responsibilities include representing trainees on the Specialist Training Committee, attending Trainees-Trainer meetings, organising the journal club, and reading seminar sessions. I was also Junior Dr Representative at Central & North-West London Mental Health NHS Trust.

ACADEMIC EXPERIENCE

- Honorary Senior Clinical Lecturer Keele University, teaching medical students and also working for the Academic Institute of Global Health.
- As Director of Medical Education (DoME), I am responsible for maintaining and developing high quality medical education and training across the Midlands Partnership Foundation NHS Trust working closely with Keele University School of Medicine to coordinate medical students' placements, also with West Midland Deanery overseeing Foundation Years, Residents Psychiatrists as well as General Practitioner Training in supporting College and Clinical Tutors. As DoME, I am also responsible for ensuring that trainers and trainees employed by the MPFT NHS are fit to practice. Works closely with GMC which set the standards for providers of medical education and training.
- Served as Trust College Tutor on behalf of West Midlands School of Psychiatry, supervising, and supporting the Residency Training Programme for 24 psychiatry trainees.
- Member of the Trust Research & Innovation Department and currently working on a grant application for study to examine the effectiveness of working collaboratively with traditional healers and primary care physicians for early identification of psychosis among adolescents, submitted to Medical Research Council UK.

THESIS / RESEARCH FELLOWSHIP

- MSc. Research in Psychiatry University College, London "The Psychopathological Consequences of Human Made Disasters- Systematic Review", 2010 - 2012
"Psychopathological Consequences of Terrorism; PTSD and Psychiatric morbidities among female students exposed to suicide attack – Original Research Article"
- Master in Medical Education - Keele University School of Medicine, "The Utility of Electronic WBA Assessment System in Medical Education" 2012 - 2017
- Clinical Research Fellow, Imperial College London 2009 - 2011

OTHER KEY ACHIEVEMENTS

- Led on the development of Tele-Medicine Service and the implementation of electronic communication with GPs, which reduced medicine related errors, improved quality of care and the partnership with primary care. Care Quality Commission National Annual Report for UK have highlighted this.
- Leading role in establishing, setting place of safety within the Trust for children and adolescent to be assessed under the mental health law and to the best of our knowledge, this was the first of its kind in United Kingdom.
- Represent Mental Health on Stoke & Staffordshire Digital Design Authority which is part of NHS Sustainable Transformation Plan to ensure effective use of resources and promoting use of assisted technology in provision of Health Care Services.
- Leading role in setting up Memorandum of Understanding between Army Medical Corp Pakistan (AMC) and Midlands Partnership Foundation NHS Foundation , we are training officers from AMC in different areas also offering management training.
- Provided consultation to AMC Pakistan working with General (Retd) Sukhera to support and train officers working with victims of Army Public School Incident in 2015.
- Working together with AMC Pakistan to establish Institution Based Mental Health Programme, coordinating the first workshop held in April 2018 organised jointly with APPS Secretariat Pakistan Army and Armed Forces Institute of Mental Health.
- Only Clinician mentioned in the South Staffordshire & Shropshire Health Care NHS Trust (Midlands Partnership Foundation NHS Trust) Care Quality Commission England Report for "Good Practices"; this has been replicated in National CQC Report for Children & Adolescent Mental Health Services.

PROFESSIONAL TRAINING/CME

- International Conference ADHD – Berlin, 2019
- The NHS Aspiring Senior Leaders Programme – One Year Module Based Programme, University of Birmingham & Health Education West Midlands, 2018-19
- Applied Emotional Intelligence-6 days' workshop- Health Education England, 2017
- Essential DBT- The Association of Psychological Therapies England-Level 1 Accreditation, 2017
- Paediatric Mental Health Association RCPCH Annual Meeting, 2017
- Case Manager Training National Clinical Assessment Service NHS, 2016
- Faculty of Neuropsychiatry Meeting RCPSYCH, London, 2016
- Royal College of Psychiatrists - Annual Medical Education Conference, 2015
- Faculty of Child & Adolescent Psychiatry-RCPSYCH Annual Meeting, 2015
- Children Accelerated Trauma Therapy [CATT] Accredited Trainer, London, 2015
- Paediatric Epilepsy Training PET 2, British Paediatric Neurology Association, 2015
- Paediatric Epilepsy Training PET 1, British Paediatric Neurology Association, 2015
- Children Accelerated Trauma Therapy [CATT],2015
- Case Investigator Training National Clinical Assessment Service NHS, 2015
- National Child & Adolescent Neuropsychiatry Conference – Organiser, 2015
- Annual Meeting Faculty of Neuropsychiatry Royal College of Psychiatrist, Oxford, 2014
- Media Training -How to Talk to National & International Media, 2014
- Cyber Bullying, The Place of Harm and Risk for Young People ACAMH, 2014
- Technological Innovations in Mental Health, London, 2013
- Cambridge & Luton International Conference on Mental Health, 2013
- International Conference of Psychiatry Jeddah Kingdom of Saudi Arabia, 2012
- Annual Faculty Meeting of Child & Adolescent Psychiatry - Royal College of Psychiatrists, Cambridge, 2011
- Annual Faculty Meeting of Forensic Psychiatry - Royal College of Psychiatrists, Berlin Germany, 2011
- 57th Annual Meeting of American Academy of Child & Adolescent Psychiatry, New York, USA, 2010
- Annual Faculty Meeting of Child & Adolescent Psychiatry - Royal College of Psychiatrists, Oxford, 2009
- Physical Examination in Child & Adolescent Psychiatry; Faculty of C&A RCPSYCH One Day Institute, 2009
- Sexual Abuse – Meeting the needs of survivors, London Deanery, 2009
- Forensic Course Medico-legal Training - Royal Society of Medicine, London, 2009
- Civil and Medico-legal Training in Child Psychiatry - Royal Society of Medicine, London, 2009
- Management and Leadership Skills Workshop, London, 2009
- St. Mary's Higher Specialist Training Scheme in Child & Adolescent Psychiatry, London, 2009-2012
- St. Mary's General Psychiatry Training Scheme in Psychiatry, London, 2004-2007

RESEARCH & PUBLICATIONS

- Professionalism and Use of Multisource Feedback: Author – Muhammad Gul, Hamid Hassan; View Point; KMUJ, Volume 9, Issue 3, July – September 2017; <http://www.kmu.jkmu.edu.pk/article/view/16549>
- Bias in A Randomized Controlled Trial And How These Can Be Minimised: Author - Muhammad Gul; Short Communication; J Psychiatry 2016, 19:2 <http://dx.doi.org/10.4172/2378-5756.1000357>
- Post-Traumatic Stress Disorder in the Aftermath of Wars, Conflicts and Terrorism: Co-Relation between Countries GDP and Prevalence of PTSD: Authors – M. Gul and R. Faruqi; Journal of Psychology and Clinical Psychiatry; Volume 5 Issue 2 – 2016
- Psychosocial Rehabilitation; A Specialized Approach: Authors M. Gul, R. Faruqi and A. Nihlani; Indian Journal of Behavioural Sciences, Volume 24[1] – June 2014
- Psychopathological Consequences of Terrorism; PTSD And Psychiatric Morbidities Among Female Students Exposed to Suicide Attack: Authors – M. Gul, R. Faruqi and A. Bashir, International Conference of Psychiatry Jeddah Kingdom of Saudi Arabia, Supplement - April 2013
- Ethnic Variation in Offending Behaviour; Predisposing & Protective Factors, Authors: Angels Mayordomo Aranda, Nicola Hickney, Muhammad Gul, Mathew Hodes, Tami Kramer, 57 Spanish Meeting of Child & Adolescent Mental Health, Supplement - May 2012
- Ethnic Variation in Juvenile Delinquency: Authors Muhammad Gul, Nicola Hickney, Mathew Hodes, Annual Faculty Meeting of Forensic Psychiatry Royal College of Psychiatrists Berlin, Germany, Supplement February 2013
- Emotional & Behavioural Difficulties Among the Children Who Lost Their Parents in A Traumatic Experience: Authors: Muhammad Gul, Mariam Kashmiri, A. Sabir; Annual Faculty Meeting of Child & Adolescent Psychiatry Royal College of Psychiatrists Dublin Ireland, Supplement 2009
- Coping Strategy Among the Parents Affected by Earthquake. A qualitative theme analysis: Authors: R. Faruqi, M. Gul, A. Faruqi - European Psychiatry Supplement, 2009
- The Management of Substance Dependent Pregnant Women-A Clinical Audit: Authors: M. Kashmiri, K. Dar, M. Gul, A. Sabir; J. Pak Psychiatry Society - Jan 4(2):118-20

- Psychiatric Morbidity & Prevalence of PTSD among the Parents Who Lost Their Children in a Traumatic Experience? Authors: Muhammad Gul, R. Faruqi, European Psychiatry Supplement, 2009
- Use of Chlorpromazine in Psychosis Induced Aggression & Agitation. A Protocol for Cochrane Review Schizophrenia Group 2008 M. Gul, U. Ahmad, C.E, Adam, Cochrane Review 2008
- Emotional & Behavioural Difficulties Among the Children Who Lost Their Parents in A Traumatic Experience; A Pilot Study: Authors: M. Gul, M. Kashmiri, A. Sabir, J. Pak Psychiatry Society Jun 2007; 4(1):57-9.
- Clinical Monitoring of Patients on Clozapin: Authors: M. Gul, A. Nigham, N. Broughton, JPPS 2006; 3(2):90-92

ARTICLES IN PROGRESS

- Enduring Consequences of Terrorism on Mental Health
- PBL versus LBL : Why we teach the way we teach ?
- Historical Perspective of Assessments System in Medical Education
- A Systematic Review of Effectiveness of Electronic Work-based Assessment Systems in Medical Education
- Asperger's Syndrome in Media : A longitudinal Case Study

REVIEWED ARTICLES FOR

- Journal of Pakistan Psychiatric Society
- Journal of Bio-Medical Education
- Journal of Clinical Teacher

NATIONAL & INTERNATIONAL PRESENTATIONS

- Autism Spectrum Disorder, Co-morbidities and Management Challenges, 23rd Pakistan Psychiatric Society Conference , Pakistan, September 2019
- Challenges in Management of ADHD in Girls, Regional ADHD Conference- North West Manchester, January 2019
- Childhood Victims of Man-Made Disasters, International Surgeon Generals Conference Rawalpindi, Pakistan, October 2018
- Psycho-Social Impact of Media on Children & Adolescent, ISPR /International Surgeon Generals Conference Rawalpindi, Pakistan, April 2017
- School Based Mental Health System- Promoting Resilience, Protecting Communities – Listen, Protect & Connect, International Surgeon Generals Conference Rawalpindi, Pakistan April 2017
- Management of ADHD in Children & Adolescent, South Staffordshire & Shropshire Foundation NHS Trust, May 2013
- Enduring Consequences of Terrorism, Royal College of Psychiatrists West Midland Region Annual Event, Birmingham, May 2013
- Psychopathological Consequences of Terrorism; PTSD and psychiatric morbidities among female students exposed to suicide attack, International Conference of Psychiatry Jeddah Kingdom of Saudi Arabia, April 2013
- Ethnic Variation in Offending Behavior; Predisposing & Protective Factors, 57 Spanish Meeting of Child & Adolescent Mental Health Spain, May 2012
- Ethnic Variation in Juvenile Delinquency, Annual Faculty Meeting of Forensic Psychiatry Royal College of Psychiatrists, Berlin, February 2011
- Emotional & Behavioral Difficulties among Children Who Lost Their Parents in a Traumatic Experience, Annual Faculty Meeting of Child & Adolescent Psychiatry Royal College of Psychiatrists
Dublin, September 2010
- Coping Strategy Among the Parents Affected by Earthquake. A Qualitative Theme Analysis, 17th European Congress of Psychiatry Lisbon, Portugal, January 2009
- Psychiatric Morbidity & Prevalence of PTSD among the Parents Who lost Their Children in a Traumatic Experience? 17th European Congress of Psychiatry Lisbon, Portugal, January 2009
- Parental Psychiatric morbidity following 2005 Pakistan Earthquake, International Conference on Disaster Management, Islamabad, January 2007
- Does Opiate Maintenance Treatment Correlate with Alcohol Misuse, Annual Conference of Substance Misuse & Prison Services London, September 2006