

RECOVERY AFTER A BRAIN INJURY

THE IMPORTANCE OF NEUROREHABILITATION

954

In 2016-17, there were 954 brain injury admissions per day to UK hospitals - or one every 90 seconds.



Men are 1.5 times more likely than women to be admitted to hospital for head injury.

WHAT IS NEUROREHABILITATION?

Neurorehabilitation is a clinical and therapeutic process which helps people to recover from an injury to their nervous system - such as a brain injury, spinal injury or stroke.

It aims to minimise the impact of the injury, compensate for any functional changes which require people to make adaptations to their lives, and increase people's independence.



HOW DOES NEUROREHABILITATION HELP AFTER A BRAIN INJURY?

Neurorehabilitation after brain injury plays a central role in speeding up the recovery processes and preventing further deterioration of brain functions.

Rehabilitation cannot reverse the effects of brain injury, but it can help people achieve the best possible outcome from their remaining healthy neurons in the long run.



HOW LONG DOES NEUROREHABILITATION TAKE?

Recovery from brain damage is a slow process and its success depends upon the extent of brain damage and the region of the brain involved.

Though the best outcomes come when neurorehabilitation takes place as soon after injury, rehabilitation can improve brain function even when it is started months after the initial injury.



WHO IS RESPONSIBLE FOR NEUROREHABILITATION?

Physiotherapists, speech and language therapists, occupational therapists, psychologists and dietitians are just some of the experts who make up the interdisciplinary team who support people to recover.

The patient, their family and the medical and allied health professionals should work together for the best possible outcomes.



NRC Medical Experts are the UK's only medico-legal expert witness chambers run by neurological rehabilitation professionals. Trust our deep understanding of neurorehabilitation to find the right expert witness for your case, every time.

www.nnrc.org.uk

*Stats from Headway UK