

Dr Talal Stephan CV

PRINCIPAL PROFESSIONAL SPECIALISMS

MSc FRCP (IR) FRCP

Consultant in Rehabilitation Medicine

QUALIFICATIONS & ACCREDITATION

- MSc Cardiology University of London (1983)
- FRCP (IR) & FRCP Glasgow
- MBCHB Baghdad (1971)
- Medical School - Baghdad Medical School (1971)
- University of Baghdad – Passed with Distinction (1971)

PROFESSIONAL ORGANISATIONS

- General Medical Council #3601617

LANGUAGES

- English and Arabic (fluent)

PAST & PRESENT POSITIONS

Consultant in Rehabilitation Medicine, Nottingham University Hospital, May 2022 - present

Consultant in Rehabilitation, James Cook University Hospital, 2017 – April 2022

Consultant in Elderly Care

Lincoln County Hospital, 2016 – 2017

Senior Consultant in Rehabilitation Medicine

Kingsmill Hospital, 1996 – 2016

Consultant in Rehabilitation Medicine

Royal Derby Hospital, 2015 - 2016

Consultant in Elderly Medicine

Lincoln County Hospital, 2015

Honorary Consultant Lecturer Nottingham University

Senior Registrar, Rehabilitation Medicine

Derbyshire Royal Infirmary, 1994 - 1996

SHO & Registrar roles, 1971 - 1995

EXPERTISE

All aspects of neurorehabilitation speciality including trauma rehabilitation and all traumatic and non traumatic head injuries. Assessment and rehabilitation for patients with complex neurological disabilities, including:

- Acquired brain Injury (including stroke and traumatic brain injury)
- Progressive neurological disease, chronic fatigue syndrome, muscular dystrophy
- Neurogenic respiratory failure
- Lower limb amputation
- Specialist seating and wheelchairs
- Profound intellectual and multiple disabilities

SPECIAL INTERESTS

- Rehabilitation of young brain injured people
- Rehabilitation of disabling neurological diseases especially stroke and multiple sclerosis
- Specialised Service for disabled School Leavers and young adults/Elderly and Rehabilitation Patients
- Treating spasticity in strokes and brain injured patients

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PUBLICATIONS

- Reeve D, Grayson C, Stephan T. Increasing NICE compliance in multiple sclerosis cognition: a service evaluation. *Social Care and Neurodisability* 2014; 5(2): 102-110.
- Groom MJ, Lincoln NB, Francis VM, Stephan TF. Assessing mood in patients with multiple sclerosis. *Clin Rehabil* 2003; 17(8): 847-57.
- Brenner R, Hyman N, Knobler R, et al. An approach to switching patients from baclofen to tizanidine. *Hosp Med* 1998; 59(10): 778-82.
- Stephan TF. Multiple - level botulinum toxin injections for the treatment of spasticity in multiple sclerosis - case presentation.

TEACHING EXPERIENCE

- I started at the university as clinical teacher until I received the title of Assistant Professor. I also teach postgraduate students, General Practitioners and all therapists. I have attended countless national and international conferences the last was in Boston - USA.
- Teaching 5th year Nottingham Medical School Students
- Experience teaching SHO's, Registrars and members of multi-disciplinary team
- Department presentations
- Hospital; Medical Staff Meetings – Clinical Presentations

DEVELOPMENT COURSES ATTENDED

- All BSRM Seasonal Meetings
- One week Senior Registrars Introduction to Management Course – Nottingham University
- Neuro-Rehabilitation Conference – University of Leeds
- Paying for Long Term Care – Royal College of Physicians of London
- 1st World Congress in Neurological Rehabilitation – Newcastle upon Tyne
- European Committee for Treatment and Research in Multiple Sclerosis
- European Yearly Rheumatology Meeting