# Dr Clive Bezzina

CV

### PRINCIPAL PROFESSIONAL SPECIALISMS

M.D. MRCSEd MFSEM(UK) FEBPRM

### Consultant in Rehabilitation Medicine QUALIFICATIONS & ACCREDITATION

Doctor of Medicine and Surgery (MD), Medical School, University of Malta, 2001 Diploma in Sports and Exercise Medicine (RCSEd UK), 2006 MRCS (RCSEd UK), 2007 Investigator of the Year Award, Clinical Research

Network West Midlands, 2019 Senior Fellow of the European Board of Physical and Rehabilitation Medicine, 2023

#### SPECIAL INTERESTS

Rehabilitation and management of people with significant disabilities, including:

- traumatic and acquired brain injuries
- prolonged disorders of consciousness
- spinal cord injuries
- orthopaedic injuries
- stroke
- long term neurological conditions including multiple sclerosis

#### PRESENT POSITIONS

#### **Consultant in Rehabilitation Medicine**

1 March 2013 – to date based at the North Staffordshire Rehabilitation Centre, Stoke-on-Trent. I have over 10 years of experience in the rehabilitation and management of people with significant disabilities, including traumatic and acquired brain injuries, including people with tracheostomies and prolonged disorder or consciousness, spinal cord injuries, multiple orthopaedic injuries, stroke and long-term neurological conditions such as multiple sclerosis. I have pioneered the establishment of trauma rehabilitation pathways at the Royal Stoke Hospital, transforming what was essentially a blank slate into an award-winning service.

#### **Expert Witness**

I have been providing expert medico legal reports for personal injury and clinical negligence claims since 2018. I have been instructed by claimant and defendant solicitors (50:50).

Areas of Experience and Expertise:

My experience spreads from acute to community services, in-patients and out-patient services including clinics and domiciliary reviews.

Following training and working in multiple surgical specialities, Sports Medicine in the UK and Malta, and Rehabilitation Medicine in Cambridge, Norwich and Glasgow, I started my consultant experience on Broadfield Unit at the Haywood Hospital. Broadfield unit is a 21 bedded level 2A unit providing specialized rehabilitation. In 2016, I progressed to become clinical lead for the Acute Rehabilitation and Trauma Unit (ARTU) at the Royal Stoke University Hospital for 7 years. This was a new hyperacute 27 bedded unit, which is 1 of 5 in the UK, dedicated for the most complex polytrauma patients ranging from head injuries, spinal injuries and also complex orthopaedic injuries. 10 of these beds are Level 1a Specialist Rehabilitation beds. I have assembled and trained a dedicated team to ensure outstanding rehabilitation. This commitment to excellence was recognised in 2019 when the ARTU team was honoured as the 'Clinical Team of the Year'.

In January 2016, I took over from Professor Anthony Ward as clinical lead for the Spasticity Service. This service is one of the largest Spasticity Services in the UK with international reputation. It ranges from complex multidisciplinary assessments, botulinum toxin injections using EMG/ muscle stimulation and U/S guidance as well as intratechal baclofen pump management. Since my appointment as a Consultant in Rehabilitation Medicine I have re-organized and developed the service with a particular focus on collection of outcome measures and service development. Over the past 10 years I have delivered over 30 spasticity education seminars and webinars to health care professionals and the corporate sector.



## Dr Clive Bezzina

## MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

GMC No. 6145266
RCSEd Membership No. 59547
Faculty of Sports & Exercise Medicine (Ed)
Membership No. 267
European Board of Physical & Rehabilitation
Medicine Cert. 2476-2023
Member of the British Society of Rehabilitation
Medicine
Associate Member of the Society for Research in
Rehabilitation

Member of the Royal College of Surgeons of Edinburgh

#### **PUBLICATIONS**

- Bezzina, C., McGlashan, K. and Young, H. (2012). Ongoing care and Reconstruction. In: Trauma East Manual of Operations and Procedures (TEMPO) Guidelines.
- Bezzina, C., McGlashan, K. and Young, H. (2012). Rehabilitation. In: Trauma East Manual of Operations and Procedures (TEMPO) Guidelines.
- Mariappan, M., Tudor-Ansell, S., Bezzina, C. and Bell, A. (2016). A
  retrospective cohort analysis to evaluate the Clinical Frailty Scale as a
  predictor of length of stay in hospital and delayed discharge.
  [Poster]. November, BSRM Conference, Manchester, (UK).
- Bezzina, C. (2017). Trauma Rehabilitation in England The Journey so far. [Presentation]. 12th Mediterranean Congress of Physical and Rehabilitation Medicine, 9 – 12 November, Malta.
- Bezzina, C. (2018). Acute Spinal Injury Rehabilitation. [Presentation].
   Surviving Spinal Injury The Journey, 15 March, Oswestry,
   Shropshire, (UK).
- Bezzina, C. (2019). ARTU Specialised Rehabilitation delivered on a dedicated unit. [Presentation]. International Trauma Conference, April, Stone, (UK).
- Bezzina, C. and Okereke, I.R. (2021). Thoracic outlet syndrome and botulinum toxin-A: a service evaluation. [Poster]. BSRM, SRR & ACPPLD Joint Virtual Conference, November 2021, Online.
- Boland, M., Tudor-Ansell, S., Mobley, D., Browne, M., Bezzina, C. and Ball, A. (2021). Development of a specialised trauma geriatrics and rehabilitation in-reach service in a Major Trauma Centre (MTC). [Poster]. BSRM, SRR & ACPPLD Joint Virtual Conference, November 2021, Online.
- Bezzina, C., Degtiar, V., Danchenko, N., Calvi-Gries, F., Davis, B., Engmann, E., Guyon, E., Lecanuet, S. and Whalen, J. (2022). Clinical and Economic Outcomes of Adult Limb Spasticity Treatment with Botulinum Toxin A Products: A Single-center Non-interventional Study. [Poster]. ISPOR 2022, 15-18 May, Washington, DC, (USA).
- Bezzina, C., Bradaschiab, E., Mariappanc, M., Tranterd, L., Balloisd, N., Maisonobee, P. and Paged. S. (2022). [Presentation]. WCNR, Vienna, Austria.
- Bezzina, C., Degtiar, V., Danchenko, N., Maisonobe, P., Davis, B., Engmann, E., Guyon, E., Lecanuet, S. and Whalen, J. (2023). A UK Single-Center, Retrospective, Noninterventional Study of Clinical Outcomes and Costs of Two BotulinumtoxinA Treatments for Limb Spasticity. Toxins 2023, 15, 532.
- Prasada, R., Bavikatteb, G., Bradaschiac, E., Mariappand, M., Maisonobee, P., Pagef, S., Degtiarf, V., Ippolitof, M. and Bezzina, C. (2023). Mapping the care pathway in post-stroke spasticity: insights from England. [Presentation]. ECNR, Lyon, France.
- Prasada, R., Bavikatteb, G., Bradaschiac, E., Mariappand, M., Maisonobee, P., Pagef, S., Degtiarf, V., Ippolitof, M. and Bezzina, C. (2023). Post-stroke care pathway in England: barriers and plausible solutions. [Presentation]. ECNR, Lyon, France.



### EXPERT REPORT WRITING TRAINING

Essential knowledge for the expert witness, BMA House London, April 2015.

Writing Expert Reports (Introduction) Workshop, Professional Solutions London, January 2017.

Writing Expert Reports (Advanced) Seminar, Professional Solutions London, January 2017.

Stewarts Medical Witness Training Day, Stewarts London, March 2019.

Medico-Legal Conference 2021, online, June 2021.

Clinical Negligence Medico-Legal Course, online, September 2022.

Stewarts Expert Witness Training Day, Stewarts London, September 2023.