

# Mr Robert Poppleton

## CV

### PRINCIPAL PROFESSIONAL SPECIALISMS

BSc Hons, BPS Dip, C Psychol and AFBPsS

**Consultant Clinical & Neuropsychologist**

### QUALIFICATIONS & ACCREDITATION

- BSc Honours in Psychology 2ii, Sheffield University (BPS. Recognised)
- Diploma in Clinical Psychology, Oxford In-Service Training Course, 1992
- APT diploma in Psychological Therapies

### PAST & PRESENT POSITIONS

- **Medical Expert Witness**, NRC Medical Experts, 2018 - present
- **Independent Medical Expert Witness**, 2010 - present
- **Consultant Clinical Neuro-psychologist**, (Brain Injury, Elderly and Adult Mental health), Rushcliffe Care, 2018 to present
- **Consultant Clinical Neuro-psychologist**, Croner Care (Brain Injury Rehabilitation), 2018 - 2019
- **Consultant Clinical Neuro-psychologist**, Badby Park, 2015 - 2018
- **Consultant Clinical Neuro-psychologist**, Hunters Moor, 2012 - 2018
- **Consultant Clinical Neuro-psychologist**, Royal Leamington Spa Rehabilitation Hospital (CERU), 2003 - 2015
- **Consultant Clinical Neuro-psychologist**, Grafton Manor, Elm Park, C.R.L Head Injury Rehabilitation Unit, 2001 - 2011
- **Locum Neuro-psychologist**, Leicester General Hospital Young Disabled Unit, 2001 - 2003
- **Neuro-psychologist**, Rockingham Forest NHS Trust, Head Injury, 1995 - 2001
- **Consultant Clinical psychologist**, Highbank Hospital Head Injury Rehabilitation Unit, 1994 - 1995
  - **Clinical psychologist**, 1993 - 1994
- **Clinical psychologist**, Acquired Head Injury and Elderly Services Gwynedd Health, 1993 - 1994
- **Clinical psychologist**, Elderly Services Gwynedd Health, 1992 - 1993

### MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

- British Psychology Society (BPS) Membership number, 22806
  - Graduate Member of the BPS
  - Chartered Clinical Psychology Member of the BPS
  - Associate Fellow of the BPS
  - Grade 'B' Consultant appointment (Via external Assessor)
  - Member of the Neuro Psychology Division of the BP)
- Member of Health and Care Professional Council
- Member of the Neuro Psychology Special Interest Groups
- Member of Headway
- Member of the Encephalitis Society

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## COURSES ATTENDED

- 5th INS/ASSBI Conference, Sydney, 2015
- Neuropsychology Rehabilitation (WFNR), 2015
- Neurobehavioural Disability Challenges, 2015
- Field Fisher – A Beautiful Mind, 2016
- DBT Essentials, 2018
- Living with Dementia, 2019
- Motivational Interviewing, 2020
- Neurological Sequelae of COVID-19 and Rehabilitation Strategies, 2020
- APT Diploma in Psychological Therapies, 2022
- Medical Experts Training Day, 2024
- Functional Neurological Disorders, 2024
- Dysexecutive Disorders, 2024
- End of Life Care, 2025
- Trauma-Informed Care, 2025
- Emotional Regulation, 2025
- Formulation training CCC 2026

## PUBLICATION LIST

- **Bereavement and Adolescents: A Groupwork Approach.** A.C.P.P. Newsletter, Vol, No.4, 173-178. Pennells, M. Smith, S. Poppleton, R. (1992)
- **Relapse Prevention in Schizophrenia:** Harris, L. Poppleton, R. and Jappy, R. on the Internet
- **Anoxic Damage and Rehabilitation Interventions,** Life Wires, July 2002
- **Hysteria** Life Wires 2004
- **Outcome measures - a two unit comparison:** Lynne Turner Stokes, Dr D. Badwan and Poppleton R. Disability and Rehabilitation, Informa Healthcare 2012
- **Journey in trying to Achieve Level I Rehabilitation service.** Poppleton R, Lynne Turner Stokes et al. Social Care and Neuro-disability 3: 3 August 2012
- **Spousal relationships after acquired brain injury and cares expectations, well-being and involvement in the rehabilitation process,** Doctorate Thesis Laura Meader, Theresa Powell and Rob Poppleton
- **If I do that I'll never get my memory back.** Poster for Neuro-psychology Conference, Cyprus, Theresa Powell, Vicky Baldwin and Rob Poppleton 07/2014
- **Does the 'MUST' pick up on certain Stroke suffers malnutrition risk factors?** Church M, Lewis S, Poppleton r, Glover H, Smith T and Rees H, currently in press

## BOOKS PUBLISHED

- **Understanding and Caring for People with Brain Disorders,** co-edited through Pavilion publishers 2011.
- **The UK Essential Brain Injury Guide.** I had input on Chapter 3 'Understanding the Brain and Brain Injury'. Published through Bills Charity.

## TEACHING EXPERIENCE

I have taught on:

- Nottingham University MSc. Neuropsychology course
- Coventry University Doctorate Clinical Psychology Course
- Birmingham University Doctorate Clinical Psychology Course
- On the North Wales Clinical Psychology Training course
- In a variety of Neuro and Adult Mental Health, General Health Service and Social Service settings
- Education sessions for head injured patients, their families, and carers
- At local Headway groups