

Michelle Kudhail

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

BSc MCSP

Neurological Physiotherapist

with specialism in Acquired Brain Injury, Spinal Cord Injury and other neurological conditions, including functional neurological disorder and neurodegenerative conditions.

QUALIFICATIONS & ACCREDITATION

Non-Medical Prescribing at Masters level, 2007

Masters module in injection therapy for neurology, 2005

BSc in Physiotherapy, 1991

EXPERT WITNESS

I have extensive experience in providing court reports and expert witness testimony.

MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

Member of Chartered Society of Physiotherapy (50601)

Registered member of the Health and Care Professions Council (PH43304)

PAST & PRESENT POSITIONS

Minerva Neurological Consultancy – Director, 2018 – present

Dynamic Training Ltd – Director of training company providing post grad courses for therapists, 2003 – present

Hamberley Care Homes/Inspire Neurocare - Director of Clinical Excellence, 2018 – 2023

Badby Park Ltd / Elysium Healthcare – Director of Clinical Development for Neurological Services, 2014 –2018

Hunters Moor Neurorehabilitation Centre for the West

Midlands, Birmingham – Clinical Director/Registered Manager, 2010 – 2014

Royal Leamington Spa Rehabilitation Hospital – Band 7 Specialist Neurological Physiotherapist, 1996 –2010

Providing private treatment – in patients' homes and in a clinic at Oak House Medical Group, Coventry 2005 – 2010

SCHWAB Rehabilitation Hospital, Chicago, Illinois, USA, 1995 – 1996

Senior 2 Physiotherapist - neurological, Royal Midland Counties Hospital, rehabilitation, 1993 – 1995

Junior Physiotherapist - rotations, Southampton General Hospital, 1991 – 1993

SPECIAL INTERESTS

Providing high quality rehabilitation – managing the complex physical needs of patients following severe brain injury, spinal cord injury and stroke.

Supporting patients with progressive conditions i.e. multiple sclerosis and motor neurone disease.

Spasticity management – working within the spasticity management team involved in assessing patients using outcome measures, carrying out botulinum toxin injections and follow-up reviews. I provide post-injection treatment including splinting/casting. I also give guidance and advice to others regarding management of spasticity.

Non-medical prescribing – I was included in the first intake of Allied Health Professionals to gain this prescribing qualification. I am able to follow clinical management plans to provide a more comprehensive medical management of spasticity.

Gait analysis – I was part of the multidisciplinary team who developed and worked in the Gait and Movement Analysis Service for 7 years, carrying out clinical assessments and research.

Balance rehabilitation – assessing and treating the motor, sensory (visual, vestibular and somatosensory) and cognitive components associated with poor balance.

Orthotics clinic – I ran a regular clinic working jointly with an orthotist to provide specialist orthotic devices.

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SIGNIFICANT ACHIEVEMENTS

I have spoken at International conferences and teach on post-graduate training courses and I am keen to expand the knowledge and skills of others

Leading the development of specialist neurological care and rehabilitation services nationally for an expanding and innovative independent healthcare company with expert clinicians.

Invited speaker at 2018 Neurosciences and Rehabilitation Clinical Reference Group Summit.

Establishing the new services at Hunters Moor in Birmingham and managing the Neurobehavioural Unit, Neurorehabilitation Unit, Community Reintegration Unit and Community service, in collaboration with Professor Mike Barnes.

Invited speaker at Australasian Faculty of Rehabilitation Medicine, New Zealand (2009) in a Spasticity Management Workshop.

Poster presentation at World Congress for Neurological Rehabilitation, Hong Kong (2006), on 'The use of botulinum toxin in the management of Oromandibular dystonia.'

Teaching post graduate physiotherapists and allied health professionals (2007 – present) nationally on subjects including gait analysis, balance, upper limb rehabilitation and spasticity management.