

Dr Dimitrios Sampanis CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Specialist Neuro Physiotherapist

MCSP, MAPPN, MAACP, MHCPC, MSC, PHD

QUALIFICATIONS & ACCREDITATIONS

- BSc (Hons) in Physiotherapy - University Of Athens, 2004
- MSc in Advancing Practice - Neurophysiotherapist, University Of Birmingham, 2010
- Doctoral Researcher, University Of Birmingham, 2014
- Postdoctoral Researcher, University Of Oxford, 2015

SPECIAL INTERESTS

- Brain and spinal injury neurorehabilitation
- Neuroplasticity
- Stroke rehabilitation
- Amputee Rehabilitation
- Focusing on treating patients with balance disorders and dizziness through specialised physiotherapy protocols

PAST & PRESENT POSITIONS

Associate Professor, Subject Lead Allied Health Programmes

St Mary's University, London, 2019 - present

Expert Witness Physiotherapist, 2018 - present

Case Manager, Community Case Management Services, 2017 - present

Director and Lead Physiotherapist, Home Rehab Therapists & DS Physiotherapy Ltd, Outreach Multidisciplinary Service, 2012 - present

Head of Physiotherapy/Consultant Physiotherapist, Ascot Rehabilitation, Bagshot, 2015 - 2019

Senior Neurospecialist Physiotherapist, Wellington Hospital, London, 2014 - 2015

Neuro Specialist Physiotherapist, Birmingham Neurological Rehabilitation Team (BNRT) Moseley Hall Hospital, Birmingham, 2014 - 2015

MEMBERSHIPS

- Member of Chartered Society of Physiotherapy
- Health Professional Council
- ACPIVR – The Association of Chartered Physiotherapists in Rehabilitation
- Advanced Practice Physiotherapy Network
- Medico Legal Association of Chartered Physiotherapist

MEDICO LEGAL EXPERIENCE

Specialising in assessing lifelong requirements of physiotherapy of service users with catastrophic injury and providing supporting evidence in court and legal cases.

Dr Sampanis accepts around 15-20 instructions per year for personal injury and medical negligence cases. His work involves assessing the lifelong physiotherapy needs of individuals with catastrophic injuries, providing detailed reports for insurance purposes, and supporting evidence in court and legal settings. As a member of the Medico-Legal Association of Chartered Physiotherapists (MLACP), Dr Sampanis is committed to ongoing professional development and stays updated with current practices through continuous CPD training on medico-legal reports and cases. His role is crucial in ensuring accurate, comprehensive assessments that aid in legal proceedings and support individuals' long-term rehabilitation needs.

Dimitrios Sampanis

PHD

CV

RESEARCH

- 2020 (6 years NIHR project) VISCUS trial in Neuroplasticity – Duroplasticity. Spinal Cord Injury. University of ST Mary's and St George's NHS Trust Prof. Marios Papadopoulos
- 2012, University of Oxford, Prof. Glyn Humphreys. Post Doctoral Researcher (part-time, Band 7) on NIHR funded program, Birmingham Cognitive Screen light version, assessment tool for neurological patients with aphasia, neglect, cognitive, and attention deficits, application of a computer intervention for rehabilitation of attention and cognition-related impairments post-stroke (CPAT).
- 2012, University of Birmingham, Prof. Alan Wing, Dr. Kris Hollands. Research Associate on RfPB NIHR funded program, visual cues training with the first ever implemented CMILL equipment (treadmill with projection of visual cues) in the UK, physiotherapist of the gait rehabilitation program.
- 2010, University of Birmingham, Prof. Glyn Humphreys, Prof. Jane Riddoch. School of Psychology in collaboration with School of Sports and Exercise, project on the application of functional electrical stimulation (FES) in subacute stroke population with visuo-motor neglect.
- 2010 - 2012, University of Birmingham, Prof. Glyn Humphreys. Intervention research project for sub-acute stroke population using Mirror Therapy daily for 6 weeks with pre- and post-therapy fMRI scans.
- 2010 - 2011, University of Birmingham, Prof. Glyn Humphreys. Organized a program in MatLab for use on the fMRI scanner at the University of Birmingham's Imaging Centre. Daily intervention using Mirror Therapy in chronic stroke survivors, including pre- and post-fMRI assessments.

PRESENTATIONS AND PUBLICATIONS

Presentations

- February 2013 International Neuropsychology Society – Hawaii – United States “Functional Electrical Stimulation in Stroke Patients with Motor Neglect”. Dimitrios S. Sampanis, Prof. Glyn Humphreys
- February 2013 International Neuropsychology Society – Hawaii – United States “Mirror Therapy Rehabilitation in Stroke Population and attentional deficits ” Dimitrios S. Sampanis, Prof. Glyn Humphreys
- June 2012 International Neuropsychology Society – Mid-Year – Oslo, Norway “Mirror Therapy Rehabilitation in Stroke Population ” Dimitrios S. Sampanis, Prof. Glyn Humphreys
- January 2010 School of Physiotherapy, University of Birmingham, Postgraduate event. “Intra rater reliability of measures obtained from healthy individuals using the motor task manager ”. Dimitrios S. Sampanis, Dr Jill Ramsay
- July 2009 Advanced Methods in Physiotherapy, University of Birmingham. “Physiotherapy in Parkinson’s disease with neuropsychiatric implications”. Dimitrios S. Sampanis
- July 2009 Advanced Methods in Physiotherapy, University of Birmingham. “Motor neglect and stroke rehabilitation”. Dimitrios S. Sampanis

Publications:

- “Motor Implications in Autism and Rehabilitation”. (2013, Frontiers in Integrative Neuroscience) Dr. Joseph McLeery, Dimitrios Sampanis, Chrysi Stefanidou
- “Motor Neglect syndrome – Future directions – Letter of Opinion”. (2013, Frontiers in Neuroscience). Dimitrios S. Sampanis, Prof Jane Riddoch
- “Functional Electrical Stimulation recovery in chronic stroke population with motor Neglect. An fMRI study”. (under submission – Brain Journal) Dimitrios S. Sampanis, Prof Glyn Humphreys, Prof Jane Riddoch, Dr. Michael Grey
- “Functional Electrical Stimulation promotes recovery in chronic stroke population with motor neglect”. (under submission, Stroke Journal) Dimitrios S. Sampanis, Prof Glyn Humphreys, Prof Jane Riddoch, Dr. Michael Grey
- “Weekly Mirror Therapy promotes recovery in chronic stroke population”. (under submission) Dimitrios S. Sampanis, Prof Glyn Humphreys
- “fMRI results on Daily Mirror Therapy suggesting promotion of recovery in chronic stroke population. (under submission) Dimitrios S. Sampanis, Prof Glyn Humphreys