

Dr Ben Wildblood

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Consultant Geriatrician and Physician
MBBS MA(Cantab) MRCP(UK) DTM&H PGCert

QUALIFICATIONS & ACCREDITATION

- Excellence in Report Writing, Bond Solon, 2025
- Certificate of Completion of Training, General Medical Council, 2020
- Specialty Certificate Examination in Geriatric Medicine, Royal College of Physicians, 2019
- Diploma in Tropical Medicine & Hygiene, London School of Hygiene & Tropical Medicine, 2014
- MRCP(UK), Royal College of Physicians, 2014
- Postgraduate Certificate in Medical Education, University of Bristol, 2014
- MB BS, University College London Medical School, 2010
- BA (Hons), MVST (First Class), Christ's College, University of Cambridge, 2007

PAST & PRESENT POSITIONS

- **Consultant in Care of the Elderly Medicine**, University Hospitals Bristol and Weston NHS Foundation Trust, 2020 – present
- **Consultant in General Internal Medicine**, University Hospitals Bristol and Weston NHS Foundation Trust, 2020 – present
- **Consultant Lead for Cardiology Liaison (PULSE)**, University Hospitals Bristol and Weston NHS Foundation Trust, 2020 – present
- **College Tutor for Internal Medicine Training**, Bristol Royal Infirmary, Royal College of Physicians UK, 2022 – present
- **4th Year Tutor in Complex Medicine for the Older Person**, University of Bristol, 2020 – 2024
- **Higher Specialty Training** (Geriatric and General Internal Medicine), Severn Deanery, 2015 – 2020
 - Weston Area Health NHS Trust
 - Royal United Hospitals Bath NHS Foundation Trust
 - University Hospitals Bristol NHS Foundation Trust
- **ST3 Clinical Fellow in Renal and Transplant Medicine**, North Bristol NHS Trust, 2015
- **Core Medical Training Years 1 & 2**, North Bristol NHS Trust, 2012 – 2014
- **Foundation Year 1 & 2 Doctor**, Oxford Deanery, 2010 – 2012

MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

- General Medical Council (GMC)
- Royal College of Physicians (College Tutor)
- British Geriatrics Society (including cardiovascular specialist interest group)
- Medical Protection Society
- Bristol Medicolegal Society

MEDICO-LEGAL EXPERIENCE & TRAINING

Dr Benedict Wildblood has substantial experience as an expert witness in medical negligence and personal injury, preparing reports on breach of duty, causation, and prognosis.

Dr Wildblood acts for both claimants and defendants, including NHS Trusts. His particular strength lies in cases involving frailty, comorbidity, and acute hospital care of elderly patients, where he applies clinical insight alongside local and national standards.

He has presented at medico-legal conferences, contributed to expert panels, and supports NHS Trusts in claim investigation and resolution. Dr Wildblood completed expert witness training with Bond Solon in 2025.

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PRIZES

- World Antimicrobial Awareness Week Nominee, UHBW NHS Foundation Trust, 2022
- Distinction in Clinical Sciences, UCL Medical School, 2010
- Medical Elective Bursary, Beit Trust (UK), 2009
- Certificate of Merit, Women's Health, UCL Medical School, 2009
- Certificate of Merit, Child & Family Health, UCL Medical School, 2008
- Year 3 Certificate of Merit, UCL Medical School, 2008
- Bachelor Scholarship, Christ's College, University of Cambridge, 2007
- Staines Read Prize for Medicine (twice), Christ's College, University of Cambridge, 2006–2007
- College Book Prize (twice), Christ's College, University of Cambridge, 2005–2006
- Scholarship (twice), Christ's College, University of Cambridge, 2005–2006
- S.W. Greig Prize for Natural Sciences, Christ's College, University of Cambridge, 2005

PUBLICATIONS

- A message to psychiatry trainees: keep your finger on the pulse. The Psychiatrist, 2013, Vol. 37(2), p.244.
 - Second author. Letter published in a peer-reviewed journal.

TEACHING

Local

- Assisted Dying - can the Proposed Bill be Applied Practically and Ethically? Webinar, Bristol, 2025
- The Role of the Geriatrician in the Court of Protection, Webinar, Bristol, 2024
- The Importance of Frailty in Patients with Aortic Stenosis, multiple regional sessions, 2020–2023
- Dementia – Understanding, Supporting, Empowering, Nursing in Practice, Bristol, 2019
- The Importance of Frailty, Court of Protection South-West Meeting, 2016
- Medical Evidence, Bristol Medico-Legal Child & Family Protection Conference, 2014

Undergraduate

- Regular Tutorials, including Sepsis, Frailty, Delirium, Malignancy and Cardiovascular Risk, University of Bristol, 2020–24
- Ethical Workshop Series, University of Bristol, 2016
- Healthcare Systems in UK and US, London, 2017
- OSCE examiner, University of Bristol, 2014–23

Postgraduate

- Regular Tutorials, including Frailty, Aortic Stenosis, Heart failure, Renal Failure and Polypharmacy, Severn Deanery, 2020–25
- Care of the Elderly Journal Club Co-ordinator, University Hospitals Bristol, 2019–2020
- Geriatrics Regional Training Day, Co-organiser, University Hospitals Bristol, 2019
- Acute Medical Emergency Simulation Course, Senior Faculty, Regional Teaching, 2019
- General Internal Medicine Regional Training Day, Co-organiser, RUH Bath, 2017

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PRESENTATIONS

- 2023 – Society for Cardiothoracic Surgery, Oral Presentations
 - Aortic valve replacement: still an option in patients with frailty?
 - Patient focUsed Liaison Service – expanding an established service into a tertiary referral centre for cardiac surgery
 - Presented personal experiences and literature review in two podium presentations
- 2022 – Royal College of Physicians Edinburgh Cardiology Symposium, Oral Presentation
 - Aortic stenosis and frailty
 - Presented virtually at this national conference
- 2022 – British Geriatrics Society Cardiology Conference, Poster Presentation (Runner-up)
 - Patient focUsed Liaison Service – expanding an established service into a tertiary referral centre for cardiac surgery
 - Led and presented this project comparing frailty across cardiology, cardiac surgery, and cardiac ICU
- 2019 – Society for Acute Medicine, Poster Presentation (Highly Commended)
 - MDTea trolley: a teaching tool to improve knowledge and confidence in delirium
 - Co-designed and led ward-based teaching sessions on delirium
- 2018 – British Geriatrics Society Spring Meeting, Poster Presentation
 - Targeted medication review to reduce anticholinergic burden on acute frailty unit
 - Authored abstract and poster for this national conference (presented by colleague)
- 2017 – European Union Geriatric Medicine Society 13th Congress, Poster Presentation
 - Significant reduction in anticholinergic burden on an acute frailty unit
 - Authored abstract and designed poster for this international conference (presented by colleague)
- 2012 & 2016 – Wessex National Medical Education Conference, Poster Presentations
 - How to present your examination findings
 - Educating geriatric inpatients
- 2011 & 2012 – National Association of Clinical Tutors, Oral Presentations
 - Peer-led ePortfolio training
 - How to make your ePortfolio stand out

