Dr Pradeep Deshpande

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

MBBS, MD, MRCP (Ireland), FRCP (Ireland)
Consultant in Rehabilitation Medicine

QUALIFICATIONS

- FRCP, Royal College of Physicians, Ireland, 2024
- Diploma in Health and Social Care, The Open University, Milton Keynes, 2003
- MRCP, Royal College of Physicians, Ireland, 1999
- MD, Medical College Nagpur, India, 1990
- MBBS, Medical College Nagpur, India, 1986

MEMBERSHIPS

- Royal College of Physicians, Ireland
- Royal College of Physicians (London) – HIU Committee Member
- British Society for Rehabilitation Medicine (BSPRM)
  - Representative of BSPRM in Southwest London
- General Medical Council

OVERVIEW

Dr Deshpande is a highly experienced Consultant in Rehabilitation Medicine with over 30 years of clinical experience in neurological rehabilitation across the NHS and international healthcare systems. Now retired from full-time clinical practice, Dr Deshpande continues to apply his extensive expertise within his growing medico-legal practice, providing independent expert opinion in cases involving neurological injury and rehabilitation needs.

PRESENT &PAST POSITIONS

- **Consultant in Rehabilitation Medicine,** Hothfield Neurological Rehabilitation Centre, Kent, 2026 - present
- **Locum Consultant in Rehabilitation Medicine,** Hull University Teaching Hospitals, 2025 - present
- **Pain Management Team**, Montu Clinic, 2026 - present
- **Senior Lecturer,** Hull York Medical School, York
- **Consultant in Rehabilitation Medicine,** Smart Rehabilitation
- **Consultant in Rehabilitation Medicine**, Hull University Teaching Hospitals NHS Trust, 2018–2025
- **Consultant in Rehabilitation Medicine** (Locum), Staffordshire and Stoke-on-Trent Partnership NHS Trust, Haywood Hospital, 2017–2018
- **Consultant in Rehabilitation Medicine** (Locum), Derby Teaching Hospitals NHS Trust, 2015–2017
- **Consultant in Rehabilitation Medicine** (Locum), Lincoln County Hospital, 2015
- **Consultant in Rehabilitation Medicine** (Locum), Leigh Infirmary, 2014–2015
- **Consultant in Rehabilitation Medicine,** Rochdale Infirmary, Floyd Rehabilitation Unit, 2013–2014
- **Consultant in Rehabilitation Medicine,** Leigh Infirmary, Taylor Rehabilitation Unit, 2013
- **Consultant in Neuro-rehabilitation and Honorary Senior Lecturer**, St George's Healthcare NHS Trust, London (Wolfson Neuro-rehabilitation Centre), 2004–2013
- **Specialist Registrar in Rehabilitation Medicine,** King's College Hospital / Medway Maritime Hospital / Queen Mary Hospital Sidcup, 2000–2003
- **Staff Grade Physician in Elderly Care and General Medicine,** William Harvey Hospital, Ashford, 1998–2000
- **Senior House Officer roles,** Tameside, Huddersfield, Sheffield, 1995-1998
- **House Officer,** Burnley General Hospital, 1994

SPECIAL INTERESTS

- Spasticity management (Botulinum toxin, intrathecal baclofen pump)
- Neuropathic pain treatment
- Acute neurological rehabilitation
- Leadership of multidisciplinary neuro-rehabilitation teams
- Brain injury rehabilitation
- Stroke rehabilitation
- Multiple sclerosis rehabilitation
- Spinal cord injury rehabilitation
- Sialorrhoea management
- Continence management in neurological conditions

Dr Pradeep Deshpande

TEACHING EXPERIENCE

CURRENT

- Honorary Tutor, Hull York Medical School (HYMS)
- Undergraduate and postgraduate teaching for medical students and junior doctors
- Multidisciplinary teaching within neurological rehabilitation teams

PAST

- Lecturer, Kingston University – Long-term Neurological Conditions course
- Teaching for 4th year medical students in Neurological Rehabilitation
- Training of Specialist Registrars in Rehabilitation Medicine in line with deanery curriculum
- Teaching Senior House Officers undertaking Core Medical Training on principles of neurological rehabilitation
- Supervision and teaching of clinical observers and work experience students interested in medical careers

RESEARCH AND PUBLICATIONS

RESEARCH PROJECTS

- Principal Investigator, Evaluation of Community Neuro-rehabilitation Services in London, Department of Health funded research project, August 2014.
- Vocational Rehabilitation after Traumatic Brain Injury in the UK: Mapping of Services, Royal College of Physicians publication, 2004 (multi-author book).
- Reviewer for the Q Journal of Medicine.

CONFERENCE PRESENTATIONS AND POSTERS

- Return to Driving after Brain Injury, ECPRM Conference, Brugge, 2008.
- Improvement in Seating after Using Botulinum Toxin, ISPRM Conference, 2009.
- Upper Limb Function after Using Botulinum Toxin Post-Stroke, MSPRM Conference, 2010.
- Improving Interdisciplinary Team Working, EFRR Conference, Italy, May 2011
- Rehabilitation of Brain Tumours, IBIA Conference, Edinburgh, March 2012
- Presentation at Primary Care Cardiology National Meeting, Nottingham, November 2013.
- Patient Safety on Rehabilitation Wards, Quality and Safety in Healthcare Meeting, London, 2015
- Spinal Pain, ISCOS Annual Scientific Meeting, Austria, 2016
- Teaching Medical Students the Practice of Rehabilitation, AoME Meeting, Sheffield, April 2018
- Acute Rehabilitation after Major Trauma and Neurosurgery, IFNR Conference, 2022.
- Poster presentation, European Rehabilitation Conference, France, 2023.
- Speaker, European Rehabilitation Conference, Madrid, 2024.
- Chair, National Conference on Rehabilitation, Hull, 2025.

PUBLICATIONS AND ACADEMIC CONTRIBUTIONS

- Taking Rehabilitation to ITU, Journal of Intensive Care, 2003 (editorial).
- Rehabilitation of Shoulder Fractures, ECPRM Meeting, Austria, 2004 (speaker).
- Criteria for Provision of Powered Wheelchairs for Patients in Inpatient Neurological Rehabilitation, Posture and Mobility Conference, Exeter, 2005 (poster).
- Use of Environmental Control Systems in Multiple Sclerosis, National Meeting, York, 2006 (speaker).
- The Concept of Outpatient Rehabilitation, Practice Development in Healthcare, July 2007 (paper).
- Article presented at the Royal College meeting, 2007.
- Ergonomics of Return to Work after Spinal Cord Injury, BSRM National Meeting, 2007 (oral presentation).
- NICE Epilepsy Guidelines Case Studies, 2012.
- Pathways for Rehabilitation for CNS Tumours, GERIMED, May 2013 (review article).
- Botulinum Toxin in Stroke Rehabilitation, GCPRM Conference, Madrid, 2024 (speaker).
- MDT Transition Clinic from Paediatric to Adult Age Group, GCPRM Conference, London, 2025 (speaker).