

Dr Iqbal Syed

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

**Consultant in ENT (Otology + Neurotology
+ Skull Base Specialist)**

MBBS, MS, DLO FRCS (ORL-HNS)

QUALIFICATIONS & ACCREDITATION

- MBBS, University of Pune, 1995
- MS (Master of Surgery), University of Pune, 1998
- DLO, Royal College of Surgeons in England, 2003
- MRCS, Royal College of Surgeons in Glasgow, 2005
- FRCS (ORL-HNS), Royal College of Surgeons in Glasgow, 2013

PAST & PRESENT POSITIONS

- **Substantive Consultant in ENT (Otology, Neurotology and Lateral Skull Base Surgery)**, NHS Lothian, Edinburgh, 2014–present
- **TWJ Clinical Fellow in Otology and Skull Base Surgery**, University of Toronto, Canada, 2014
- **Specialist Registrar in Otolaryngology**, East Scotland, 2007–2013
- **Otolaryngology Post**, Royal Alexandra Hospital, Paisley, 2006
- **Basic Surgical Rotation in Orthopaedics, General and Colorectal Surgery, Neurosurgery and Otolaryngology**, 2003
- **Registrar in Otolaryngology**, Sultan Qaboos University Hospital, Oman, 2001
- **Otolaryngology Post**, Ekta Hospital and VND Hospital, Mumbai, India, 2000
- **Master of Surgery Training in Otolaryngology**, BJMC and Sassoon Hospitals, Pune, India, 1995

MEMBERSHIPS OF PROFESSIONAL BODIES

- GMC (6042032)
- Fellow of the Royal College of Physicians and Surgeons in Glasgow

ABOUT DR SYED

Dr Iqbal Syed is an experienced Consultant in ENT, specialising in ear conditions, hearing and balance disorders, neurotology and lateral skull base surgery. He brings his extensive clinical and academic experience to his growing medico-legal practice.

He is a substantive Consultant in ENT with NHS Lothian and an Honorary Senior Lecturer at the University of Edinburgh. He completed a TWJ Clinical Fellowship in Otology and Skull Base Surgery at the University of Toronto in 2014. His wider surgical training covers otolaryngology, neurosurgery, orthopaedics and general and colorectal surgery.

His clinical and academic work covers Ménière's disease, vestibular schwannoma, hearing loss, cochleovestibular dysfunction, middle-ear surgery and skull base conditions. He has published widely, contributed to a leading otolaryngology textbook and taught doctors in training, medical students and colleagues preparing for professional examinations.

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PRIZES/ACHIEVEMENTS

- Book Chapter for Scott Brown 8th Edition 'Molecular Genetics of Otolaryngology'
- Examiner for the National Assessment Collaboration (OSCE exams for international medical graduates seeking a license to practice medicine in Canada)
- Awarded 'TWJ fellowship in Otolaryngology and Neurotology 2014' to the University of Toronto and a 'Travelling Otolaryngology Fellowship' by Royal College of Surgeons of Glasgow (6 weeks) to visit Otolaryngology departments at Zurich University Hospital, and Toronto General Hospital in 2011
- Reviewer to: Laryngoscope, Clinical Otolaryngology, Otolaryngology Head and Neck Surgery. Received CME credit certificates for reviews performed.
- Awarded gold medal & scholarship for standing first in the Master of Surgery (Otolaryngology) examinations
- Prize for best oral presentation at 'East Anglia Orthopaedic meeting' 2005

TEACHING/ EDUCATION

- Faculty 'Temporal bone dissection'
- Faculty 'FRCS Dundee course'
- 'Training the Trainers' course- June 2013
- Co-ordinating teaching timetable for FY2 and GPST trainees at St John's hospital (2012/2013)
- Co-ordinated teaching timetable for FY2 and GPST trainees at Raigmore Hospital (2011/2012)
- Lectured on 'Managing nasal symptoms' at ENT in primary care at the Royal College of Surgeons in Edinburgh (2009)
- Ongoing informal teaching for colleagues approaching FRCS and DOHNS examinations, GPST/FY2 doctors rotating through unit and medical students on their ENT block

ACADEMIC LECTURES

- Guest Speaker at 2nd International Conference in Otolaryngology and Rhinology (March 2015) Dubai, UAE
- Paediatric ENT problems and their management, Edinburgh Community Nursing School (Sept 2013)
- ENT Emergencies, Undergraduate, Edinburgh University (March 2009)

RESEARCH / GRANTS

- Grant from TWJ trust & ENT Scotland to attend 'Mario Sanna' & 'Fisch' skull base dissection courses 2017-2018
- TWJ fellowship- Otolaryngology/Neurotology, University of Toronto July-Dec 2014
- Royal College of Surgeons in Glasgow- Travelling fellowship to visit Otolaryngology/Neurotology departments in Zurich (Switzerland) and Toronto (Canada) 3 weeks 2011/2012 each
- 'Edinburgh skull base data base' updated the data base, and presented 2 papers at the 'European skull base society meeting' in Paris, 2014
- "Centrosome hyperamplification by Gamma tubulin: A powerful indicator of recurrence in squamous cell carcinoma of the larynx"
- Abridged versions presented at autumn 2007 ORS meeting (London), winter 2007 Scottish otolaryngology society meeting, and 2007 Royal Society of Medicine meeting in London.
- Abstract published in 'Clinical Otolaryngology'
- Full paper published in 'Otolaryngology head and neck surgery'.
- "Interventions for the prevention of early ear discharge after insertion of ventilation tubes (grommets) in children" 2011-2012
- Cochrane Review, published in Cochrane database of Systematic reviews 2013.
- Abridged version presented at the summer 2013 Scottish otolaryngology society meeting
- "Positive pressure therapy for Meniere's disease: a systematic review"
- Review completed with Profs Browning and Rutka, published in Clin Oto
- "Silicone stent versus no stent for dacryocystorhinostomy":
- Cochrane review- ongoing 2014-2015

PRESENTATIONS/MEETINGS

- British skull base society meeting, 24-25 Jan 2019, Glasgow
- Otolaryngology section of RSM, London, 3rd Nov 2017
- 'Intratympanic therapy for refractory Tinnitus: up to date evidence for medical practice' at the CHOLE2016 meeting, Edinburgh, June 2016
- 'The benefit of silicone stents In Primary endonasal Dacryocystorhinostomy: A systematic review and meta-analysis' at the ENT Scotland summer meeting, Dunblane, May 2016
- 'Intratympanic injections in Meniere's disease or syndrome: up to date evidence for clinical practice' at the Summer Scottish Otolaryngology Society meeting, Dunblane May 2015
- 'Trends in the management of Meniere's disease or syndrome' at the 2nd Otolaryngology and Rhinology Conference, Dubai April 2015 [as guest speaker]
- 'Surgical Management Of Spontaneous CSF Leaks Involving The Temporal Bone' at the European Skull base Congress, Paris April 2014 & the Scottish Otolaryngology society meeting, May 2014
- 'Surgical Management Of Cerebrospinal Fluid Leaks Involving The Temporal Bone: The Edinburgh Experience' at the European Skull base Congress, Paris April 2014
- 'A new analgesia regimen after (adeno) tonsillectomy in children: a pilot study' at the BAPO meeting, Cambridge September 2014
- 'Interventions for the prevention of early ear discharge after insertion of grommets in children' at the Scottish Otolaryngology society meeting, May 2013
- 'Endoscopic Primary dacryocystorhinostomy: Are silicone tubes needed?' Scottish Otolaryngology society meeting, May 2013
- 'Early experience of Radio Frequency coblation in the management of Intranasal and sinus tumour' at the Annual ENT UK/ORS (Otolaryngology research society) meeting Aug 2011

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PRESENTATIONS/MEETINGS CONT

- 'Hemoglobin monitoring in head and neck cancer patients' at the Scottish Otolaryngology society meeting, 2009
- 'Centrosome hyperamplification as a fast track prognostic phenotypical marker of prognosis in laryngeal SCC' at the ORS (Otolaryngology research society meeting) 2008 in London and Royal Society of medicine Feb 2008 meeting, London
- 'Length of stay in hospital for adult tonsillectomy: A prospective study on patients' preferences' at the 2009 Audit meeting at the Royal College of Surgeons in Edinburgh
- 'Managing nasal symptoms at 'ENT in Primary Care' at Royal College of Surgeons in Edinburgh, January 2009
- 'Prospective, blinded study of nasal injuries: comparison of doctor and nurse assessment.' at the Scottish Otolaryngology society meeting, 2008
- 'Gamma tubulin: A powerful indicator of recurrence in human squamous cell carcinoma of the larynx' 2007 winter Scottish Otolaryngology society meeting
- 'Quality of Neurosurgical referrals: an audit of practise' 2006 at the Neurological Sciences Audit meeting in Glasgow
- 'The Usefulness of post operative X- Rays in patients with total Hip replacement', at the East Anglia Orthopaedic meeting 2005

PUBLICATIONS

- Gohil RD, Syed MI. The SIGN 104 guideline (2014) for topical antibiotic prophylaxis during grommet insertion: Misguided? Clin Otolaryngol. 2017 Aug 11.
- Sarode D, Asimakopoulos P, Sim DW, Syed MI. Aural microsuction. BMJ. 2017 Jun 29;357.
- Ilan O, Syed MI, Aziza E, Pothier DD, Rutka JA. Assault at the workplace in 147 patients resulting in cochleovestibular dysfunction. Clin Otolaryngol. 2017 Dec;42(6):1426-1427.
- Syed MI, Leis JA, Ilan O, Gold WL, Pothier DD, Rutka JA. Vestibulotoxicity with systemic gentamicin in different dosing regimens: Our experience in 46 patients. Clin Otolaryngol. 2017 Oct;42(5):1091-1095.
- Sarode D, Bari DA, Cain AC, Syed MI, Williams AT. The benefit of silicone stents in primary endonasal dacryocystorhinostomy: a systematic review and meta-analysis. Clin Otolaryngol. 2017 Apr;42(2):307-314.
- Syed MI, Wolf A, Ilan O, Hughes C, Chung J, Tymianski M, Pothier DD, Rutka JA. The Behaviour of Residual Tumor after the Intentional Incomplete Excision of a Vestibular Schwannoma: Is it Such a Bad Thing to Leave Some behind? Clin Otolaryngol. 2017 Feb;42(1):92-97.
- Syed MI, Ilan O, Rutka JA. Response to Khan MK. Clin Otolaryngol. 2016 Jun;41(3):309. doi: 10.1111/coa.12638. Epub 2016 Mar 10.
- Asimakopoulos P, Syed MI, Andrews T, Syed S, Williams A. Sinonasal glomangiopericytoma: Is anything new? Ear Nose Throat J. 2016 Feb;95(2).
- Kirkbride R, Bari DA, Syed MI, MacDougall G. Establishing a relationship between topical nasal steroids and raised intra-ocular pressure. Clin Otolaryngol. 2016 Apr;41(2):200-1. doi: 10.1111/coa.12591. Epub 2016 Feb 9.
- Syed MI, Ilan O, Nassar J, Rutka JA. The 'Toronto Meatoplasty' revisited. Clin Otolaryngol. 2015 Nov 19. doi: 10.1111/coa.12550. [Epub ahead of print].
- Syed MI, Magos TA, Singh J, Montague ML. A new analgesia regimen after (adeno) tonsillectomy in children: a pilot study. Clin Otolaryngol. 2015 Oct 30.
- Ilan O, Syed MI, Aziza E, Pothier DD, Rutka JA. Olfactory and Cochleovestibular dysfunction after head injury in the workplace: an updated series. Clin Otolaryngol. 2015 Oct 27. doi: 10.1111/coa.12572.
- Syed MI, Rutka JA, Pothier DD. Response to: 'The use of Phenol as a topical anaesthetic for the tympanic membrane'. Clin Otolaryngol. 2015 Oct;40(5):506-7.
- Syed MI, Ilan O, Leong AC, Pothier DD, Rutka JA. Ménière's Syndrome or Disease: Time Trends in Management and Quality of Evidence Over the Last Two Decades. Otol Neurotol. 2015 Sep;36(8):1309-16.
- Syed MI, Ilan O, Rutka JA. A simple technique for minor salivary gland and oral biopsy in the clinic: our experience. Clin Otolaryngol. 2015 Aug;40(4):403-4.
- Syed MI, Rutka J. In reference to systematic review and meta-analysis of Meniett therapy for Meniere's disease. Laryngoscope. 2015 Dec;125(12).
- Syed MI. Comment on: Controversies in the management of sudden sensorineural hearing loss (SSNHL): an evidence based review. Clin Otolaryngol. 2015 Jun;40(3):293-4.
- Syed MI, Plodpai Y, Khoo SG, Rutka JA. Primary epidermoid cysts of the mastoid: clinical and treatment implications. Eur Arch Otorhinolaryngol. 2016 Apr;273(4):1055-9.
- Syed MI, Ilan O, Nassar J, Rutka JA. Intratympanic therapy in Meniere's syndrome or disease: up to date evidence for clinical practice. Clin Otolaryngol. 2015 Dec;40(6):682-90.

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PUBLICATIONS

- Syed MI, Rutka JA, Pothier DD. Application of phenol as topical anaesthesia using the Derlacki elevator for myringotomy. *Clin Otolaryngol.* 2015 Feb;40(1):69-70.
- Ilan O, Syed MI, Weinreb I, Rutka JA. Re: Inner ear damage following electric current and lightning injury: a literature review. *Eur Arch Otorhinolaryngol.* 2015 Oct;272(10):3083-4. doi: 10.1007/s00405-014-3482-8.
- Syed MI, Rutka JA, Hendry J, Browning GG. Positive pressure therapy for Meniere's syndrome/disease with a Meniett device: a systematic review of randomised controlled trials. *Clin Otolaryngol.* 2015 Jun;40(3):197-207.
- Jenkinson PW, Syed MI, McClymont L. Progressive, reversible sensorineural hearing loss caused by azathioprine. *J Laryngol Otol.* 2014 Sep;128(9):838-40.
- Syed MI, Rutka JA, Sharma A, Cushing SL. The 'dizzy child': a 12-minute consultation. *Clin Otolaryngol.* 2014 Aug;39(4):228-34.
- Syed MI, Montague ML. Re: Response to Magos et al. *Clin Otolaryngol.* 2014 Jun;39(3):198-9.
- Syed MI, Magos TA, Sim DW. Re: Combined meatoplasty and canalplasty for intractable chronic otitis externa: our experience of twenty cases with audiometric and patient-reported outcomes. *Clin Otolaryngol.* 2014 Apr;39(2):132.
- Syed MI, Hendry J, Cain AJ, Williams AT. Endonasal dacryocystorhinostomy with and without stenting. *Ann R Coll Surg Engl.* 2014 Mar;96(2):173.
- Syed MI, Suller S, Browning GG, Akeroyd MA. Interventions for the prevention of postoperative ear discharge after insertion of ventilation tubes (grommets) in children. *Clin Otolaryngol.* 2013 Aug;38(4):322-3.
- Magos TA, Syed MI, Montague ML. Re: More codeine fatalities after tonsillectomy in North American children: time to revise prescribing practice! *Clin Otolaryngol.* 2014 Feb;39(1):69.
- Syed MI, Jenkinson PW, Denholm S. Modified use of Kocher's dissector in ligation of the superior thyroid pedicle. *J Laryngol Otol.* 2013 Sep;127(9):930-1.
- Syed MI, Head EJ, Madurska M, Hendry J, Eriktila OC, Cain AJ. Endoscopic primary dacryocystorhinostomy: are silicone tubes needed? Our experience in sixty three patients. *Clin Otolaryngol.* 2013 Oct;38(5):406-10.
- Syed MI, Suller S, Browning GG, Akeroyd MA. Interventions for the prevention of postoperative ear discharge after insertion of ventilation tubes (grommets) in children. *Cochrane Database Syst Rev.* 2013 Apr 30;(4).

- Syed MI, Madurska M, O'Reilly BF. Key methods of identifying the horizontal facial nerve during difficult middle-ear surgery. *J Laryngol Otol.* 2013 Mar;127(3):303-5.
- Amiraraghi N, Syed MI, Syed S, Williams AT. Paraganglioma of the skull base presenting as nasal polyps. *Laryngoscope.* 2013 Mar;123(3):577-80.
- Syed MI, Chatzimichalis M, Rösle M, Huber AM. Recurrent phosphaturic mesenchymal tumour of the temporal bone causing deafness and facial nerve palsy. *J Laryngol Otol.* 2012 Jul;126(7):721-4.
- Syed MI, Mennie J, Williams AT. Early experience of radio frequency coblation in the management of intranasal and sinus tumors. *Laryngoscope.* 2012 Feb;122(2):436-9.
- Asimakopoulos P, Hendry J, Syed MI, Williams AT. Length of stay in hospital for adult tonsillectomy: a prospective study on patients' preferences. *Clin Otolaryngol.* 2010 Dec;35(6):510-2.
- Syed MI, Stewart M, Syed S, Dahill S, Adams C, McLellan DR, Clark LJ. Squamous cell carcinoma of the thyroid gland: primary or secondary disease? *J Laryngol Otol.* 2011 Jan;125(1):3-9.
- Montgomery J, Syed MI, Rana I, Singh J, Clark LJ. Hemoglobin monitoring in head and neck cancer patients undergoing radiotherapy. *Ann Otol Rhinol Laryngol.* 2010 Jul;119(7):472-5.
- Syed MI, Ali S, Williams AT. Plastic sheeting of septal perforations. *Clin Otolaryngol.* 2010 Apr;35(2):154-5.
- Syed MI, Amiraraghi N, Williams AT. Comment on: Indications for tonsillectomy. *Ann R Coll Surg Engl.* 2010 Mar;92(2):176; author reply 176-7.
- Syed MI, Baring D, Murray C. In reference to Lemierre's Syndrome: A Systematic Review. *Laryngoscope.* 2010 Jan;120(1):215; author reply 216.
- Rana I, Syed MI, Adams C, Clark LJ. Hypopharyngeal foreign body masquerading as malignancy. *Br Dent J.* 2009 Oct 24;207(8):361-2.
- Baring D, Murray C, Singh J, Davidson A, Syed MI. Prospective, blinded study of nasal injuries: comparison of doctor and nurse assessment. *J Laryngol Otol.* 2009 Dec;123(12):1338-42.
- Syed MI, Syed S, Minty F, Harrower S, Singh J, Chin A, McLellan DR, Parkinson EK, Clark LJ. Gamma tubulin: a promising indicator of recurrence in squamous cell carcinoma of the larynx. *Otolaryngol Head Neck Surg.* 2009 Apr;140(4):498-504.
- Syed MI, Clark LJ, Sturrock RD. Unintended benefits of immunosuppression on autoimmune disease due to chemoradiation therapy for head and neck cancer. *Am J Otolaryngol.* 2008 Jan-Feb;29(1):63-5.
- Syed MI, Baring D, Addidle M, Murray C, Adams C. Lemierre syndrome: two cases and a review. *Laryngoscope.* 2007 Sep;117(9):1605-10.
- Syed MI, Clark LJ, Adams C. Life threatening hemorrhage from osteoradionecrosis of the ribs and clavicle. *Laryngoscope.* 2007 Sep;117(9):1594-5.
- Syed MI, Chin A, Clark L. Life-threatening epistaxis from a rare treatable cause. *Am J Emerg Med.* 2007 Jan;25(1):116-8.

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COURSES

- Fisch Skull Base Course, Zurich, Switzerland, September 2018
- Mario Sanna Skull Base Dissection Course, Piacenza, Italy, November 2017
- Clinical Educator Programme Workshop: 'Giving Effective Feedback' and 'Small Group Teaching', Royal Inf Edinburgh, August 2016
- Communication Challenges in Clinical Practice, Royal Inf Edinburgh, February 2015
- International Paediatric Temporal Bone Dissection Course, University of Toronto, October 2014
- Microscopic and Endoscopic Approaches to the Skull Base, IRCAD, Paris, June 2014
- Hearing and Balance: Current Practice, Sheffield Hospital, May 2014
- Training the Trainers Course, West Staffordshire, RCSE, June 2013
- FESS: Basic and Advanced Course, Cuschieri Skills Dundee, June 2013
- Scottish ENT Update Course, Aberdeen, May 2013
- 2nd North American Endoscopic Ear Surgery Course, Toronto, Canada, June 2012
- Temporal Bone Dissection, Glasgow University, 2009–2013
- Glasgow Otology and Audiology Course, Glasgow, May 2009
- Glasgow University FESS Course, Glasgow, September 2008
- Voice and Pulmonary Rehabilitation, Sweden, February 2008
- CCrISP (Care of the Critically Ill Surgical Patient), RCSE, January 2008
- ENT Radiology Course, London, November 2007
- Basic Endoscopic Nasal and Sinus Surgery, Dundee, May 2006
- Early Trauma and Critical Care, RCSE, July 2005
- Basic Surgical Skills, RCSE, June 2004
- ATLS (Advanced Trauma and Life Support), Cambridge, January 2004



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