

# Dr Mohan Mariappan CV

## PRINCIPAL PROFESSIONAL SPECIALISMS

**Consultant in Rehabilitation Medicine**  
MBBS, MRCS, ICAPMR, MBA

## QUALIFICATIONS & ACCREDITATIONS

- European Standard for the Fellowship in Physical and MBBS, 1995
- MS (Surgery), 1998
- MRCS (Edin), 2006
- DRCOG, 2009
- DFSRH, 2011
- Certificate of Completion of Specialist Training – Rehabilitation Medicine 2017
- ICAPMR (American Academy), 2018
- MBA (Health Care Management, UK), 2022

## SPECIAL INTERESTS

- Acquired Brain Injury
  - including Long-term Neurological Conditions
- Spasticity, Dystonia & Sialorrhea management
- Functional Neurological Disorder (FND)
- Community Rehabilitation

## PAST AND PRESENT POSITIONS

**Care Quality Commission (CQC) Specialty Advisor for Adult & Social Care**, 2019 - Present

**Clinical Director for Rehabilitation Medicine**, West Park Hospital, The Royal Wolverhampton NHS Trust, 2021 – Present

**Educational & QI Lead, Rehab Directorate**, The Royal Wolverhampton NHS Trust, 2020 – Present

- Smoking Cessation Lead, 2022 – Present
- Consultant Committee Secretary, 2023 – Present

**Midlands Clinical Senate Member**, 2023 – Present

**Care Quality Commission Specialty Advisor for Long-term Neurological Conditions**, 2019 – Present

**Specialist Registrar in Rehabilitation Medicine**, West Midlands, 2013-2017

Rotating in:

- Neuro-Rehab Haywood Hospital, Stoke on Trent
- Spinal Rehab, Oswestry (12 months)
- Musculo-Skeletal Rehab, Royal Stoke University Hospital
- Amputation Rehab, Selly Oak Hospital

## MEMBERSHIPS

- General Medical Council
- Medical Protection Society
- Royal College of Surgeons of Edinburgh
- British Society of Physical Rehabilitation Medicine
  - Musculo-Skeletal Specialist Interest Group Member, 2018 – 2022
  - Trauma Rehabilitation, National Trainee Rep, 2015-2017
- World Federation of Neurological Rehabilitation
- UK Acquired Brain Injury Forum
- NHS Clinical Leaders Network
- West Midlands Clinical Research Network



**NRC**  
MEDICAL EXPERTS

[www.nnrc.org.uk](http://www.nnrc.org.uk)  
[enquiries@nnrc.org.uk](mailto:enquiries@nnrc.org.uk)  
0191 466 1406

# Dr Mohan Mariappan

## CV

### RESEARCH

- European Award for 'Excellent Research in Cerebrovascular Diseases' at European Stroke Conference on 15th April 2016, Venice.
- Strategies to address 'Health Inequalities in UK' by adopting successful smoking cessation program, Thesis, MBA in Health Care Management, Wales.
- Principal Investigator for 'PhEAST' (Pharyngeal Electrical Stimulation for Acute Stroke Dysphagia), International prospective randomised open-label blind end patient trial
- Principal Investigator (Site) for 'STIM-MS' (Surface Neuromuscular Electrical Stimulation in Multiple Sclerosis), multi-centre, randomised controlled feasibility trial.
- Principal Investigator (Site) for 'EASE' (Evaluating Anti-depressants for Emotionalism after Stroke), multi-centre, randomised, double-blind, placebo-controlled upcoming trial.
- Co-Investigator for 'MAPS-2' (Metoclopramide for Avoiding Pneumonia after Stroke), single-blind, randomised controlled trial.
- Co-Investigator for 'DNA Lacunar-2' (Genetic Association of Lacunar Stroke), cross-sectional, observational trial.
- Co-Investigator for 'SPaCIS' (Stroke Patient Concerns Inventory in Stroke Clinics), feasibility cluster, randomised controlled upcoming trial.
- Co-Investigator for 'EUBoSS-2' (Early Use of Botulinum Toxin after Stroke Study), National, double-blind, randomised controlled upcoming trial.

### PUBLICATIONS

- Book Chapter – 'Scope Book', Chapter 5: PRM in Health Care Systems: Acute Rehabilitation. Mariappan, M. & Ward A.B. ISSN 2349-7904, June 2019 by Wolters Kluwer publications.
- Service Evaluation of Early Mortality post-discharge from Regional Spinal Injuries Unit, Mariappan, M. et al., Journal of Rehab Med. ISSN 1650-1977, Supp.55, Aug.2016.
- A novel biopsychosocial model of managing musculoskeletal disease at the primary-secondary care interface, Mariappan, M. et al., Journal of Rehab Med. ISSN 1650-1977, Supp.55, Aug.2016.
- Amputee Rehabilitation for Non-Prosthetic users, Mariappan, M. et al., Journal of Rehab Med. ISSN 1650-1977, Supp.55, Aug.2016.
- Transient Bone Marrow Oedema Syndrome, Mariappan, M. et al., Journal of Rehab Med. ISSN 1650-1977, Supp.55, Aug.2016.
- Atypical presentation of late-onset post stroke seizures, Mariappan, M. et al., Journal of cerebrovascular disease, 41/S1/2016 by Karger publications.
- Hyperacute Rehabilitation, Mariappan, M. Journal of Neurologie & Rehab, S3, P.32, 2019, by Hippocampus publications.
- Sexual Dysfunction assessment in persons with neurological disabilities, Mariappan, M. Journal of Neurologie & Rehab, S3, P.104, 2019 by Hippocampus publications.
- Mapping the care pathway in post stroke spasticity: Insights from England, Prasad.R., Bavikatte.G., Bradaschia.E., Mariappan, M. et al., Journal of Neurologie & Rehab, S1, P117, 2023 by Hippocampus publications.
- Post-Stroke care pathway in England: Barriers and Plausible Solutions, Prasad.R., Bavikatte.G., Bradaschia.E., Mariappan, M. et al., Journal of Neurologie & Rehab, S1, P118, 2023 by Hippocampus publications.
- A case of Nutritional Peripheral Neuropathy underscoring the role of nutritional interface between Physical Rehab Med & Public Health, Rana, M.A. & Mariappan, M. Journal of Neurologie & Rehab, S1, P91, 2023 by Hippocampus publications.
- A unique case of Hyponatremia resulting in a complex neuro-degenerative condition, Chitra S.M. & Mariappan, M. International Journal of Science Eng. & Mgt, 2024
- Unravelling the impact of Amyloid Spells vs CAA on Stroke Rehabilitation in Community Hospitals, Hein, K.Z. & Mariappan, M. European Stroke Journal, 10(2 S), p. 226, 2025 by Sage publications. <http://doi.org/10.1177/23969873251329993>.
- Strachan-Scott Syndrome in a modern context: A case report and rehabilitation perspective, Mariappan et al., Journal of Physical and Rehab Medicine, 39(3), pp. 99–447, 2025 by Nakladnik publications. <https://doi.org/10.21751/FRM-39-3-4-128>.



# Dr Mohan Mariappan

## CV

---

## PRESENTATIONS

- From Disability to Possibility: A Case Report on Rehabilitation Strategies for Eight-and-a-Half Syndrome in a Young Stroke Patient, 19th International Conference of Physical and Rehabilitation Medicine, Morocco, 2025
- Impact of Cerebral Amyloid Angiopathy on Stroke Rehabilitation, European Stroke Conference, Finland, 2025
- Oral Presentation: Progressive Supranuclear Palsy, International Congress on Future Neurology and Advances in Research and Treatment of Brain Disorders, Glasgow, 2024
- Session Chair: TBI and Amputation, Mediterranean Congress of Rehabilitation Medicine, Rome, 2023
- Podium Presentation: Rehabilitation Service Delivery Challenges in Catastrophic TBI, Mediterranean Congress of Rehabilitation Medicine, Rome, 2023
- Clinical and Economic Outcomes of Adult Spasticity Treatment with Botulinum Toxin A, NR World Conference, Austria, 2022
- The Detrimental Impact of the Pandemic on Post-Stroke Spasticity, NR World Conference, Austria, 2022
- Reconfiguration of Rehabilitation Services During COVID-19, International Rehabilitation Medicine Conference, virtual, 2021
- Challenges of the Goal-Setting Process in Lance-Adams Syndrome, International Rehabilitation Medicine Conference, virtual, 2021
- Podium Presentation: Benefits and Challenges of Hyperacute Rehabilitation, European Congress of Rehabilitation, Hungary, 2019
- Silver Trauma: Clinical Frailty Scale as a Predictor of Length of Hospital Stay, British Society of Physical and Rehabilitation Medicine Conference, Manchester, 2016
- Transient Ischaemic Attack of the Spinal Cord Following ACD Surgery, International Spinal Cord Society, Canada, 2015
- Rectovaginal Fistula with Diverticular Disease in Spinal Cord Trauma, International Spinal Cord Society, Canada, 2015
- Domiciliary Non-Invasive Ventilatory Support in Patients with MND, British Society of Physical and Rehabilitation Medicine Conference, London, 2015
- Catheter-Related Complications, 12th National ITB Forum, 2015
- Unusual Sites for Intrathecal Baclofen Pump Insertion, 11th National ITB Forum, 2014
- Use of Information Technology to Support Rehabilitation in a Major Trauma Centre, British Society of Physical and Rehabilitation Medicine Conference, London, 2013

