

Dr Natalie Brunt CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Chartered Clinical Psychologist

BA D.CLIN.PSY. C.PSYCHOL

QUALIFICATIONS & ACCREDITATIONS

- Doctorate in Clinical Psychology, University of Manchester, 2008 (DClinPsy)
- Postgraduate Certificate in Integrated Mental Health, Birmingham University, 2004
- BA (Hons) Psychology, University of Sheffield, 2003

SPECIAL INTERESTS

- Personal Injury Trauma, assessment and treatment of psychological disorders (adults and children)
- Clinical Negligence, assessment and treatment of psychological disorders (adults and children)
- Metacognitive therapy
- Psychodynamic Interpersonal therapy
- Motivational Interviewing approaches
- Neuropsychological assessment

PAST & PRESENT POSITIONS

Private Chartered Clinical Psychologist, 2009 – present

Dr Brunt provides remote and in-person clinics in Merseyside, Greater Manchester, and Belfast, with other locations by arrangement. Annually, she assesses about 600 clients and produces specialist medicolegal psychological reports for lawyers and insurers. Her expertise spans personal injury and medical negligence for children and adults, covering PTSD, Adjustment Disorder, Phobic Disorders, Depression, Generalised Anxiety Disorder, and Panic Disorder. Her work is roughly 60% personal injury and 40% medical negligence. Dr Brunt also conducts cognitive and COP3 Mental Capacity Assessments. Her caseload includes a 55:45 claimant ratio and involves capacity assessments, COP3 evaluations, and expert witness testimony.

Highly Specialised Chartered Clinical Psychologist – IAPT Service, Greater Manchester Mental Health Foundation Trust, 2008 - present

Dr Brunt works in an 'Improving Access to Psychological Therapies' Team, conducting evidence-based psychological assessments, formulations, and interventions for working-age individuals with difficulties such as PTSD, Depression, Panic Disorder, Social Anxiety, Health Anxiety, Generalised Anxiety, Body Dysmorphic Disorder, Obsessive-Compulsive Disorder, Eating Disorders, interpersonal issues, and Axis II personality disorders. She provides these services within GP surgeries and health centres. She conducts risk assessments, provides advice on psychological risk to GPs and carers, and supervises Clinical Psychologists and non-psychologists, leading the service's supervision governance. Dr Brunt engages in regular CPD to enhance her clinical skills, supports trainee Clinical Psychologists through training and placements on the Manchester Clinical Psychology Doctorate Programme, and assesses applicants for this programme. Dr Brunt also provides training to psychologists, psychiatrists, and other professionals.

Highly Specialised Chartered Clinical Psychologist – Memory Assessment and Treatment Service, Greater Manchester Mental Health Foundation Trust, 2017 - 2023

Dr Brunt worked in the Memory Assessment and Treatment Service, performing specialist neuropsychological and psychological assessments to identify the causes of memory impairments, often organic.

MEMBERSHIPS

- Member of the Health Professions Council (membership number PYL03060)
- Information Commissioner's Office under registration reference: ZA195662



NRC
MEDICAL EXPERTS

www.nnrc.org.uk
enquiries@nnrc.org.uk
0191 466 1406

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CV

CONTINUING PROFESSIONAL DEVELOPMENT

- Why standard CBT often gets stuck with ADHD and how this changes clinical decision making, 2026
- Excellence in Report Writing – Written Evidence – Bond Solon, 2024
- Mental Capacity Act (MCA) 2005 & Deprivation of Liberty Safeguards (DoLS), 2022
- Neurodegenerative Disorders, 2021
- Introduction to Compassion Focused Therapy, 2020
- Training Workshop in Dialectical Behaviour Therapy, 2019
- Dementia Awareness and Mild Cognitive Impairment, 2018
- Neuropsychology in Adult Mental Health, 2017
- Assessment of Mental Capacity, 2017
- Metacognitive Therapy for Depression, 2017
- Assessment and Treatment of Trauma, 2016
- Trauma-Focused Therapy for PTSD, 2016
- Metacognitive Therapy for Borderline Personality Disorder, 2015
- Metacognitive Therapy for PTSD, 2014
- Schema Focused Therapy for Borderline Personality Disorder, 2013
- Improving Access to Psychological Therapies Supervisor Training, 2012
- Supervisor Skills Workshop, 2011
- Manchester Course on Psychodynamic Interpersonal Therapy, 2009
- Cognitive Analytic Therapy Introductory Course, 2007
- Awareness of the Mental Capacity Act 2005, 2007
- Introduction to Autistic Spectrum Disorder, 2007

PUBLICATIONS

1. Brown, R. J., Brunt, N., Poliakoff, E. & Lloyd, D. M. (2010). Illusory touch and tactile perception in somatoform dissociators. *Journal of Psychosomatic Research*, 69, 3, 241 – 248