

Dr Birgit Gurr

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Consultant Clinical Neuropsychologist
DClin Psych, Dipl Psych, AFBPsS

QUALIFICATIONS & ACCREDITATION

- University of Wales, Bangor, Doctorate in Clinical Psychology, 2004
- Leipzig University, Germany, Psychology, German Diplomas, 1996
- Fachschule Halle, Germany, Teaching Degree, 1987

MEMBERSHIPS OF PROFESSIONAL ORGANISATIONS

- British Psychological Society - Division of Clinical Neuropsychology
 - Representative of the BPS in the
 - Intercollegiate Stroke Working Party
- Division of Neuropsychology – Co-opted member of Policy Unit
- Associate Fellow of the British Psychological Society (AFBPsS)
- Health & Care Professions Council

PAST & PRESENT POSITIONS

- **Consultant Clinical Neuropsychologist**, Clinical Lead Community Brain Injury and Adult Neuropsychology Services, Dorset Healthcare University Foundation Trust, 2015-present
- **Private Practice Clinical & Neuropsychology**, 2002-present
- **Consultant Clinical Neuropsychologist**, Poole Stroke Unit and **Principal Neuropsychologist – Adult Neuropsychology**, Dorset, 1999-2015
- **Visiting Professor** Bournemouth University, **Visiting lecturer**, Southampton & Exeter Universities (part time), 2009-present
- **Psychology Lead**, Headway Dorset (part time Locum Post), 2004 - 2005
- **Clinical Psychologist**, Poole Hospital, 1998-1999

MEDICO LEGAL EXPERIENCE

Dr Birgit Gurr has operated a private practice since 2002, specialising in expert witness work for serious personal injury claims and medical negligence, with a claimant/defendant ratio of about 90:10. Dr Gurr has provided services for the family court and prison services and participated in Bond Solon Training for Expert Witnesses and British Psychological Society workshops preparing clinical and forensic psychologists for court-related duties.

CLINICAL EXPERIENCE

Dr Gurr is a qualified Clinical Neuropsychologist with extensive experience in the neuropsychological assessment and rehabilitation of adults with stroke, acquired brain injury and wider neurological conditions, including cases where there are associated psychological, psychiatric or cognitive difficulties. She has particular clinical expertise in mild brain trauma, functional neurological disorders and complex presentations following brain injury, developed through her work across acute and community neurorehabilitation, adult neuropsychology and mental health services.

Dr Gurr is highly skilled in neuropsychological, cognitive and language assessment and uses a range of evidence-based neurorehabilitation and psychotherapeutic approaches. She has a strong clinical and applied research background, with around 40 publications and academic outputs in total, including a book, a psychological test, posters and conference presentations.

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PUBLICATIONS

- Psychological consequences of vertigo and the effectiveness of vestibular rehabilitation for brain injury patients. Journal article: Gurr B, Moffat N. (2001) Brain Injury. Conference presentations: World Federation for NeuroRehabilitation: Neuropsychological Rehabilitation Conference, London, 2000; Annual Conference of the British Audiological Society, London, 2000.
- The effectiveness of cognitive-behavioural therapy for post-traumatic headaches. Journal article: Gurr B, Coetzer BR. (2005), Brain Injury. Conference presentations: British Psychological Society and Division of the Clinical Psychology Conferences, London, 2004 (poster); International Headache Congress, Berlin, 2011 (poster).
- Quality of life with posttraumatic and naturally occurring headaches and implications for psychological treatments. Journal article: Gurr B, Coetzer BR. (2004). Journal of Cognitive Rehabilitation. Conference presentation: British Psychological Society and Division of the Clinical Psychology Conferences, London, 2004 (poster).
- The usefulness of a keyworker system in an acute brain injury rehabilitation service. Journal article: Gurr B. (2006), British Journal for Occupational Therapy.
- Relaxation for brain injured patients. Journal article: Gurr B, Wicks S. (2006). Clinical Psychology Forum.
- Music therapy in brain injury rehabilitation. Journal article: Kleinstaeuber M, Gurr B. (fall edition 2006). Journal of Cognitive Rehabilitation.
- Psychological Care in Stroke Rehabilitation. Journal article: Gurr B. (2009). British Journal of Nursing. Conference presentation: UK Stroke Forum Conference, Harrogate, 2009 (poster).
- Emotional Support for Stroke Survivors: Share your story group. Journal article: Gurr B. (2009). International Journal of Therapy and Rehabilitation. Conference presentation: UK Stroke Forum Conference, Harrogate, 2009 (poster).
- A psychological well-being group for stroke patients. Journal article: Gurr B. (2009). Clinical Psychology Forum. Conference presentation: UK Stroke Forum Conference, Harrogate, 2009 (poster).
- Needs of family members of patients with acquired brain injury. Journal article: Kleinstaeuber M, Gurr B. (editorial) (2011). International Journal of Therapy and Rehabilitation.
- SMS – Stroke Mood Screening pathway on a stroke rehabilitation unit. Journal article: Gurr B. (2011). British Journal of Nursing. Conference presentation: 9th World Congress on Brain Injury, Edinburgh, 2012 (poster).
- A Follow-up Study of psychological problems after stroke. Journal article: Gurr B, Muelenz C. (2011). Topics in Stroke Rehabilitation. Conference presentation: 9th World Congress on Brain Injury, Edinburgh, 2012 (poster).
- Google Calendar: A Memory Aid for People with Prospective Memory Impairment Following Acquired Brain Injury. Journal article: McDonald A, Haslam C, Yates P, Gurr B, Leeder G, Sayers A. (2011). Neuropsychological Rehabilitation.
- How does cognitive ability affect stroke rehabilitation outcomes? Journal article: Gurr B, Ibbitson J. (2012). International Journal of Therapy and Rehabilitation. Conference presentation: British Psychological Society Wessex Conference, Bournemouth, 2013 (poster).
- Evaluation of a Share Your Story Group Based Within a Stroke Rehabilitation Unit. Journal article: Lowenstein J, Gurr B. (2013). Neuro-Disability and Psychotherapy: A Forum for the Practice and Development of Psychological Therapies for Neurological Conditions.
- Skills for Life – Evaluation of a group intervention for brain injury survivors. Journal article: Foxhall M, Gurr B. (2014). Social Care and Neurodisability. Conference presentation: British Psychological Society Wessex Conference, Bournemouth, 2013 (poster).
- Rebuilding Identity after brain injury: Standard cognitive and music-evoked autobiographical memory training. Journal article: Gurr B, Foxhall M. (2014). International Journal of Therapy and Rehabilitation. Conference presentation: British Psychological Society Wessex Conference, Bournemouth, 2013 (poster).
- Using music-evoked autobiographical memory training to aid identity recovery after severe brain injury. Journal article: Foxhall M, Gurr B. (2014). Division of Neuropsychology Newsletter.
- HEADACHES AND BRAIN INJURY FROM A BIOPSYCHOSOCIAL PERSPECTIVE - A Practical Psychotherapy Guide. Book publication: Gurr B. (2014), London: Karnac Books Ltd.
- On-the-Spot: Training nurses about effective communication with acute stroke patients. Journal article: Dendle J, Gurr B. (2015). WebmedCentral REHABILITATION, 2015;6(1):WMC004800. doi: 10.9754/journal.wmc.2015.004800.
- Assessment of stroke survivors on an inpatient rehabilitation unit. Journal article: Gurr B, Dendle J. (2015). British Journal of Neuroscience Nursing, Vol. 11, No. 4, pp. 179–184.

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PUBLICATIONS

- Cognitive change following stroke and its impact on long-term care. Journal article: Gurr B, Orme F. (2016). International Journal for Therapy and Rehabilitation, Vol. 23. Conference poster presentations: Orme F, Gurr B. (2016). Joining Forces for Stroke conference, Exeter, 2016; National Stroke Association Conference, Liverpool, 2016.
- Holistic management of epilepsy and non-epileptic seizures. Journal article: Tanskanen S, Gurr B. (2016). Nursing in Practice, volume 89, pp. 56–58.
- I'll be back in a Minute: A training initiative about effective nurse communication with acute stroke patients. Journal article: Williams K, Gurr B. (2016). British Journal of Neuroscience Nursing.
- Understanding epileptic and non-epileptic seizures: a bio-psycho-social perspective. Editorial: Gurr B. (2017). International Journal for Therapy and Rehabilitation.
- The psychological nature of seizure conditions. Journal article: Gurr B, Tanskanen S. (2017). International Journal for Therapy and Rehabilitation.
- EMOTIONAL PROCESSING SCALE – Deutsche Version. Ein Fragebogen zur Emotionalen Bewältigung. Gurr B, Kleinstäuber M, Stuflesser A, Baker R, Hogrefe Verlag. (2018).
- Functional and Cognitive Examination (FaCE): a standardised neuropsychological and occupational screening procedure for acute brain injury patients. Journal article: Hussein Y, Rose M, Gurr B. (2018). International Journal for Therapy and Rehabilitation.

- What type of inhibition underpins performance on Luria's Fist-Edge-Palm task? Journal article: Varkovetski M, Pihkanen K, Shanker S, Parris BA, Gurr B. (2020). Journal of Clinical and Experimental Neuropsychology, Volume 42:6, pp. 544–555.
- How did patients with acquired brain injury cope with the interruption of their rehabilitation programme due to the 2020 Covid-19 lockdown? Journal article: Pampoulov P, Gurr B. (2021). Clinical Psychology Forum, 337, pp. 24–27.
- HEADACHES AND MILD BRAIN TRAUMA - A Practical Psychotherapy Guide. Book publication: Gurr B. (2nd edition, 2021), London: Routledge.
- An evaluation of a group intervention for fatigue in a mental health setting. Conference paper: Glover T, Gurr B. (2021).
- Brain injury Education group for people with Acquired Brain Injury Outcomes. Conference paper: Gurr B, Timmings L. (2021).
- Dynamic Cognitive Stimulation for Stroke Patients – A Pilot. King G, Gurr B, Seiss E. (2022). UK Stroke Forum conference: poster verbal presentation.
- A Clinical Protocol for 'Luria's Fist-Edge-Palm' (FEP) Task. Shanker S, Varkovetski M, Parris B, Gurr B. (2022). UK Stroke Forum conference: poster verbal presentation.
- Recommendations for Integrated Community Stroke Services: Service design, workforce planning & clinical governance requirements for a high-quality service and rehabilitation outcome. Mark Griffiths, Birgit Gurr, Catherine Ford, Alexandra Garfield. (2022). The British Psychological Society, Briefing Paper.
- Dynamic Cognitive Stimulation for Stroke Patients. Snell L, Gurr B. (2023). Nottingham Conference Organisation for Psychology Research in Stroke: poster and verbal presentation. Jackson, Seiss, Gurr. (2024): presentations at OPSYRIS (July) and the Interdisciplinary Neuroscience Centre conferences (June), Bournemouth University.
- RCP Clinical Guidelines for Stroke. Intercollegiate Stroke Working Party. (2023). Member of the research review group and co-author.
- BPS Guidance on commissioning clinical neuropsychology. Co-author, BPS/DON working group. (2024).