

Dr Asma Khan

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Consultant in Rehabilitation Medicine
MBBS, MRCP

QUALIFICATIONS & ACCREDITATION

- MBBS, Rajiv Gandhi University of Health Sciences, Bangalore, India, 2001
- MRCP London, Royal College of Physicians, UK, 2016
- FEBPRM, UEMS European Board Examination, 2023
- AFHEA, University of Cambridge, UK, 2023

MEMBERSHIPS OF PROFESSIONAL BODIES

- Registered with Karnataka Medical Council, Bangalore India
- Member of Royal College of Physician, London
- Member of British Society of Physical and Rehabilitation Medicine, UK (BSPRM)
- Member of International Society of Physical and Rehabilitation Medicine (ISPRM)
- Member of World Federation for Neurorehabilitation (WFNR)
- Member of MDDUS, Scotland, UK

PRESENT APPOINTMENT & LEADERSHIP POSITIONS

- **Consultant in Rehabilitation Medicine**, National Rehabilitation Centre, Nottingham University Hospital, September 2025–present
- **Specialist Trainee Registrar in Rehabilitation Medicine**, East of England Deanery, 2019–2024
 - Rotations included Colman Hospital (Norfolk Community Health and Care NHS Trust)
 - Stoke Mandeville Hospital
 - Norfolk and Norwich University Hospital
 - Addenbrooke's Hospital (Cambridge University Hospitals NHS Foundation Trust)
- **Acting-Up Consultant in Rehabilitation Medicine**, 2023–2024
- **Specialty Registrar (LAS) in Stroke Medicine**, Norfolk and Norwich University Hospital, Norwich, 2015–2019
- **Ad Hoc Senior House Officer in General Medicine**, Queen Elizabeth The Queen Mother Hospital, Margate, Kent, 2013–2014
- **Senior House Officer in Colorectal and Paediatric Surgery**, Medway Maritime Hospital, Gillingham, Kent, 2012
- Plus prior positions in India

ABOUT DR KHAN

Dr Asma Khan is a skilled Consultant in Rehabilitation Medicine with broad NHS experience across neurorehabilitation, spinal rehabilitation, stroke medicine, amputee and prosthetic rehabilitation, musculoskeletal rehabilitation and major trauma. She brings this clinical experience to her growing medico-legal practice as a rehabilitation medicine expert witness.

Her specialist training covered complex neurological disability, spinal cord injury, spasticity management, cognitive assessment following stroke and multidisciplinary rehabilitation. Her consultant work includes inpatient ward rounds, outpatient assessment, treatment planning, clinical referrals and the supervision of resident doctors.

Dr Khan has broad teaching, leadership and research experience. She has taught doctors, advanced clinical practitioners and medical students, held committee and representative roles with the British Society of Physical and Rehabilitation Medicine, and contributed to clinical research, audits, quality improvement projects, presentations and published work.

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TRAINING COURSES ATTENDED (RECENT)

- Educational and Clinical Supervisor Core Programme, Nottingham University Hospitals, 2026
- National New Consultant Conference, Royal College of Physicians, online, 2026
- 2026 British Society of Physical and Rehabilitation Medicine Conference, 2025
- Dying Matters, Palliative Care Team, Nottingham University Hospitals, 2026
- Educational and Clinical Supervisor Core Programme, Nottingham University Hospitals, 2026
- National New Consultant Conference, Royal College of Physicians, online, 2026
- Introduction to Systematic Review, online, 2026
- British Society of Physical and Rehabilitation Medicine Conference, 2025
- Associate Principal Investigator Scheme, 2025
- SAS/LED Course, PGME, Norfolk and Norwich University Hospital, 2025
- Organisational Leadership, Royal College of Physicians, London, 2024
- STEP Course: Soft Skills, Ultrasound Skills and Spasticity, Merz, 2024
- Cervical Dystonia Teaching Event, Merz, 2024
- National New Consultant Conference, Royal College of Physicians, online, 2024
- REAL Course: NCHC Leadership Course, online, 2024
- Leeds Musculoskeletal Course, Leeds, 2024

RESEARCH ROLES AND ACTIVITIES

- Associate Principal Investigator for the NIHR-endorsed TRICEPS study at NCHC Norfolk, from April 2025
- Reviewer for BMJ Case Reports
- Participated in a weekly Stroke Journal Club, departmental Clinical Governance and M&M Meetings.
- Associate Principal Investigator for the NIHR-endorsed TRICEPS study at NCHC Norfolk from April 2025
- Reviewer for BMJ Case Reports
- Associate Principal Investigator for the NIHR-endorsed TRICEPS study at NCHC Norfolk from April 2025
- Recruited participants to multicentre and local portfolio trials, including FOCUS, TEST BP, RESTART and GLORIA-AF
- Reviewer for BMJ Case Reports
- Participated in a weekly Stroke Journal Club, Stroke Clinical Governance Meetings and reviews of SSNAP audit results
- Participated in neuroradiology meetings to review imaging and cases requiring a specialist second opinion
- Participated in the monthly regional stroke teleconference
- Presented teaching sessions on atrial fibrillation, the CHA₂DS₂-VASc score and sepsis
- Participated in multidisciplinary hospital grand rounds

PRESENTATIONS

- Junior Management Plan Trust Project, Consultant Meeting and Doctors' Meeting, 2024
- Delayed Discharges from a Level 1 Neurorehabilitation Unit, Royal College of Physicians Trainee Competition, 2023
- Quality Improvement Audit on a Multidisciplinary Transition Clinic, Virtual Royal College of Paediatrics and Child Health Conference, 2022
- A Specialist Rehabilitation Outpatient Clinic Service Response to the COVID-19 Pandemic, Virtual International Society of Physical and Rehabilitation Medicine Congress, 2021
- Electronic Discharge Letters for Appropriate Coding and Medication Reconciliation, Audit Learning Forum, Norfolk and Norwich University Hospital, 2019

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PUBLICATIONS AND ACADEMICS

- BSPRM Annual Scientific Conference 2022: New Challenges and Horizons Following the COVID-19 Pandemic. Advances in Clinical Neuroscience and Rehabilitation. <https://acnr.co.uk/conference-reports/british-society-of-physical-and-rehabilitation-medicine-2022/>
- Post-traumatic bilateral thigh Morel-Lavallée lesions without underlying bone fracture. Journal of Trauma and Injury. doi: 10.20408/jti.2022.0060.
- Quality improvement audit on multidisciplinary transition clinic. Archives of Disease in Childhood. 2022;107(Suppl 2).1. doi: 10.1136/archdischild-2022-rcpch.712.
- A specialist rehabilitation outpatient clinic service response to the COVID-19 pandemic. J Int Soc Phys Rehabil Med. 2021;4(Suppl S1):11-220. doi: 10.4103/2349-7904.330163.
- Book review: Introduction to Neurological Rehabilitation, Abdel Magid Bakheit, Austin Macauley Publishers Ltd, 2019.
- Variable use of sedation during colonoscopy and impact on outcome. Am J Gastroenterol. 2013 May;108(5):853. doi: 10.1038/ajg.2013.33.
- Could cecal polyp detection rate be surrogate marker of cecal intubation and an indicator of colonoscopic competence. Am J Gastroenterol. 2013 Jun;108(6):1011-2. doi: 10.1038/ajg.2013.78.