Dr Philip Milburn-McNulty

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Consultant Neurologist and Rehabilitation Physician
BSc(Med), MB ChB, MRCP(UK), SCE Neurology, PGCert

QUALIFICATIONS & ACCREDITATION

- CCT in Neurology and Rehabilitation Medicine (dual accreditation), February 2020
- Advanced Life Support, Resuscitation Council UK, 2019
- Specialty Certificate Examination in Neurology, JRCPTB, 2017
- PGCert Clinical and Health Research, Edge Hill University, 2017
- MRCP(UK), JRCPTB, 2011 - all parts completed within two years of qualifying
- MB ChB, University of Manchester, 2006–2009
- BSc(Med), University of St Andrews, 2003–2006

PRESENT APPOINTMENT & LEADERSHIP POSITIONS

- **Consultant Neurologist and Rehabilitation Physician** - NHS Lothian, Edinburgh, 2023 to present
  - General and acute neurology, inpatient neurological rehabilitation and a specialist functional neurological disorder clinic. Leads the inpatient neurorehabilitation multidisciplinary team and the departmental FND admission pathway.
- **Consultant Neurologist and Rehabilitation Physician** - Salford Royal NHS Foundation Trust, 2020 to 2023. Substantive post across Salford Royal, Stepping Hill and Trafford General Hospitals.
- **ST3–ST8 specialty training, Rehabilitation Medicine and Neurology (dual accreditation) -** Mersey / North West Deanery, 2013 to 2020.
- **CT1–2 Core Medical Training** - Mersey Deanery, 2011 to 2013
- **Foundation training - North Cumbria** (FY1) and Liverpool Heart and Chest (FY2), 2009 to 2011

MEMBERSHIPS OF PROFESSIONAL BODIES

- General Medical Council (7037708)
- Royal College of Physicians of Edinburgh (157319)
- Association of British Neurologists
- British Society of Physical and Rehabilitation Medicine
- Professional indemnity: Medical Defence Union

DR MILBURN-MCNULTY

Dr Milburn-McNulty is a dual-accredited Consultant Neurologist and Rehabilitation Physician with expertise across acquired brain injury, traumatic brain injury, complex neurological disability, functional neurological disorder and general neurology.

His areas of opinion include diagnosis, rehabilitation needs, functional outcome and prognosis following acquired brain injury; long-term rehabilitation outcomes in complex neurological disability; and the diagnosis, management and prognosis of functional neurological disorder (FND), including presentations following accident, injury or medical treatment. He can also provide opinion on general neurological issues including epilepsy and seizure disorders, headache and neurological fitness to drive.

His combined neurology and rehabilitation medicine practice gives him experience in both diagnosis and the longer-term functional effects of neurological conditions, including rehabilitation requirements and prognosis.

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RESEARCH

- Cochrane systematic reviews - author, 2011 to 2021. Author of two Cochrane systematic reviews (sulthiame monotherapy and sulthiame add-on therapy for epilepsy), maintained across a decade; first author on six of the seven published versions and supervising author on the remainder.

TEACHING, TRAINING & SUPERVISION

- Tutor, fourth-year undergraduate medicine (neurosciences block), University of Edinburgh - current
- Named educational and clinical supervisor to a specialty registrar in rehabilitation medicine; clinical supervisor to a general practice specialty trainee
- MSc Advanced Practice in Healthcare tutor, University of Liverpool, 2018
- Course tutor (NeuroPACES), OSCE assessor, case-based discussion and problem-based-learning tutor, Walton Centre & University of Liverpool, 2011–2020
- Grand Rounds presentations, The Walton Centre, 2013–2020

PEER-REVIEWED PUBLICATIONS

- Stone J, Milburn-McNulty P. Reclaiming Functional Neurological Disorder for Rehabilitation Medicine. Advances in Rehabilitation Science and Practice 2025. doi:10.1177/27536351251408021
- Milburn-McNulty P, Panebianco M, Marson AG. Sulthiame monotherapy for epilepsy. Cochrane Database of Systematic Reviews 2021(09).
- Varatharaj A, et al. Neurological and neuropsychiatric complications of COVID-19 in 153 patients: a UK-wide surveillance study. Lancet Psychiatry 2020;7(10):875–882. (contributing collaborator, CoroNerve Study Group)
- Bresnahan R, Martin-McGill KJ, Milburn-McNulty P, Powell G, Sills GJ, Marson AG. Sulthiame add-on therapy for epilepsy. Cochrane Database of Systematic Reviews 2019(08).
- Milburn-McNulty P, Larner AJ. Episodic loss of consciousness: how genetic testing points to diagnosis. Progress in Neurology and Psychiatry 2018;22(2):18–19.
- Aji BM, Milburn-McNulty P, Larner AJ. Epilepsy: when family history holds the key to diagnosis. Progress in Neurology and Psychiatry 2016;20(5):11–12.
- Taib BG, Kinshuck AJ, Milburn-McNulty P, et al. Opsoclonus-myoclonus syndrome associated with a nasopharyngeal tumour in an adult: a case report. Journal of Medical Case Reports 2015;9(1):128.
- Milburn-McNulty P, Powell G, Sills GJ, Marson AG. Sulthiame add-on therapy for epilepsy. Cochrane Database of Systematic Reviews 2015(01).
- Milburn-McNulty P, Larner AJ. Transient global amnesia and brain tumour: chance concurrence or aetiological association? Case report and systematic literature review. Case Reports in Neurology 2015;7(1):18–25.
- Milburn-McNulty P, Powell G, Sills GJ, Marson AG. Sulthiame monotherapy for epilepsy. Cochrane Database of Systematic Reviews 2014(03).
- Milburn-McNulty P, Powell G, Sills GJ, Marson AG. Sulthiame add-on therapy for epilepsy. Cochrane Database of Systematic Reviews 2013(03).
- Milburn-McNulty P, Michael BD, Moxton N, Fletcher N, Crooks D. How to get the most out of cerebrospinal fluid cytology. Practical Neurology 2012;12:241–243.
- Milburn-McNulty P, Michael BD, Woodford HJ, Nicolson A. Hyperosmolar non-ketotic hyperglycaemia - an important and reversible cause of acute bilateral ballismus. BMJ Case Reports 2012.
- In addition, six published abstracts and conference presentations to the ABN, ESPRM, EFNS, MDS and BTS annual meetings. Full list of publications and presentations (20+) available on request.

INVITED PRESENTATIONS AND SERVICE LEADERSHIP

- Invited speaker, British Society of Physical and Rehabilitation Medicine national webinar on FND and neurorehabilitation, June 2026
- Invited lecture, Astley Ainslie Hospital centenary programme, 2023
- Organising committee, Royal College of Physicians of Edinburgh rehabilitation medicine symposium, 2024
- Development of clinical guidelines, Ischaemic Forearm Test, The Walton Centre, 2016
- Clinical Leadership and Management course for medical specialties, Keele University, 2018