Ms Carrie Woodhouse

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Chartered Physiotherapist
MSc, BSc (Hons), MCSP

QUALIFICATIONS & ACCREDITATION

- MSc Physiotherapy (Merit) – Hartpury University, 2019–2022
- BSc (Hons) Physiotherapy (2:1) – Plymouth University, 2015–2018
- Access to HE Diploma (Distinction) – Petroc College, 2014–2015

MEMBERSHIPS

- Health and Care Professions Council (HCPC) – Registered Physiotherapist #PH116634
- Chartered Society of Physiotherapy (CSP), #104916
- ACPPLD – professional membership relating to physiotherapy and learning disability
- MLCAP – medico-legal professional membership
- CSP Disability Network Member

PRESENT & PAST POSITIONS

- **Director / Specialist Neurological Physiotherapist, CW Chartered Physiotherapy Ltd, 2021 – Present**
  - Provide independent physiotherapy assessment and reasoned clinical opinion addressing functional capacity, residual impairment, rehabilitation requirements, prognosis and likely future physiotherapy needs.
  - Undertake face-to-face statutory mobility assessments, reviewing medical evidence, objectively examining function and producing evidence-based recommendations against defined criteria.
  - Skilled in analysing consistency between medical evidence, reported symptoms and limitations, observed performance and objective clinical findings.
  - Produce clear, structured clinical reports, rehabilitation plans, risk assessments and professional recommendations suitable for multidisciplinary, commissioning and external review.
- **Associate Fellow of Physiotherapy**, Plymouth Marjon University, 2023–2024
- **Band 7 Musculoskeletal Physiotherapist,** Royal Devon and Exeter Hospital, 2023
- **Sports Lecturer,** Plymouth City College, 2022–2023
- **Musculoskeletal Specialist Physiotherapist**, Ministry of Defence, 2021–2022
- **Disability Analyst,** Department for Work and Pensions (via ATOS), 2020–2023
- **Rotational Physiotherapist,** North Devon District Hospital, 2018–2020

ABOUT MS WOODHOUSE

Carrie Woodhouse is an HCPC-registered Chartered Physiotherapist with specialist experience in acquired brain injury, traumatic brain injury and complex neurodisability. As Director of CW Chartered Physiotherapy Ltd, she works independently with adults who have significant and long-term physical disability, providing detailed functional assessment, rehabilitation planning and long-term physical management.

Her clinical work includes mobility, gait and transfers, tone and spasticity, contracture prevention, 24-hour postural management, specialist seating and wheelchairs, pressure management, moving and handling, and rehabilitation equipment. She has experience assessing rehabilitation potential, physical dependency and future physiotherapy needs, with a strong focus on practical function and long-term outcomes.

Carrie's wider experience includes disability assessment, musculoskeletal physiotherapy, teaching and rehabilitation across NHS, private, community and occupational settings. Her medico-legal work is supported by experience reviewing clinical evidence, carrying out independent assessments and producing clear, evidence-based recommendations on function, rehabilitation needs, equipment, support and future physiotherapy provision.